

# 2025 UHSAA REGION SWIM CHAMPIONSHIPS

6A - REGION 1	Davis, Farmington, Fremont, Layton, Syracuse, Weber
<b>Host</b>	: Syracuse
<b>Contact</b>	: Coaches Kyle & Kari Cunningham - syracuseswimming@gmail.com
<b>Venue</b>	: South Davis Recreation Center
<b>Date</b>	: February 1, 2025
<b>Time</b>	: Warm up 1:00 p.m. - Meet start 2:00 p.m.
<b>Meet Referee</b>	: Paul Welch - friendswrite2us@gmail.com
<b>USA Observed</b>	: Yes

6A - REGION 2	Bingham, Copper Hills, Corner Canyon, Herriman, Mountain Ridge, Riverton
<b>Host</b>	: Mountain Ridge
<b>Contact</b>	: Coach Katherine Crenshaw - katherine.crenshaw@jordandistrict.org
<b>Venue</b>	: South Davis Recreation Center
<b>Date</b>	: January 25, 2025
<b>Time</b>	: Warm up 1:30 p.m. - Meet start 3:00 p.m.
<b>Meet Referee</b>	: Braxton Evans - braxton_waterpolo18@icloud.com
<b>USA Observed</b>	: Yes
<b>Meet Information</b>	: <a href="#">Region 2 Meet Guide</a>

6A - REGION 3	American Fork, Lehi, Lone Peak, Pleasant Grove, Skyridge, Westlake
<b>Host</b>	: American Fork
<b>Contact</b>	: Coach Michael King - michaelking@alpinedistrict.org
<b>Venue</b>	: South Davis Recreation Center
<b>Date</b>	: January 31, 2025
<b>Time</b>	: Warm up 7:00 a.m. - Meet start 8:30 a.m.
<b>Meet Referee</b>	: Natasha Scott - natashabscott@gmail.com
<b>USA Observed</b>	: Yes
<b>Meet Information</b>	: <a href="#">Region 3 Meet Guide</a>

5A - REGION 4	Cypurs, Granger, Hunter, Kearns, Taylorsville, West Jordan
<b>Host</b>	: Kearns
<b>Contact</b>	: Coach Chris Horne - chornepolo@yahoo.com
<b>Venue</b>	: Kearns Olympic Park and Fitness Center
<b>Date</b>	: January 31, 2025
<b>Time</b>	: Warm up 1:30 p.m. - Meet start 3:00 p.m.
<b>Meet Referee</b>	: Marcus Wesemann - wesemann4160@comcast.net
<b>USA Observed</b>	: Yes
<b>Meet Information</b>	: <a href="#">Region 4 Meet Guide</a>

5A - REGION 5	Bonneville, Bountiful, Box Elder, Clearfield, Northridge, Roy, Viewmont, Woods Cross
<b>Host</b>	: Bountiful
<b>Contact</b>	: Coach Chad Teimschussel - chad@southdavisrecreation.com
<b>Venue</b>	: South Davis Recreation Center
<b>Date</b>	: February 1, 2025
<b>Time</b>	: Warm up 7:00 a.m. - Meet start 8:30 a.m.
<b>Meet Referee</b>	: Paul Welch - friendswrite2us@gmail.com
<b>USA Observed</b>	: Yes
<b>Meet Information</b>	: <a href="#">Region 5 Meet Guide</a>

<b>5A - REGION 6</b>		<b>Alta, Brighton, East, Highland, Olympus, Skyline, West</b>
<b>Host :</b>	Brighton	
<b>Contact :</b>	Coach Todd Etherington - todd@cottonwoodheights.com	
<b>Venue :</b>	South Davis Recreation Center	
<b>Date :</b>	January 31, 2025	
<b>Time :</b>	Warm up 1:30 p.m. - Meet start 3:00 p.m.	
<b>Meet Referee :</b>	Robyn Peterson - Robynvpeterson@gmail.com	
<b>USA Observed :</b>	Yes	
<b>Meet Information :</b>	<a href="#">Region 6 Meet Guide</a>	

<b>5A - REGION 7</b>		<b>Cedar Valley, Maple Mountain, Salem Hills, Spanish Fork, Springville, Timpview, Wasatch</b>
<b>Host :</b>	Wasatch	
<b>Contact :</b>	Coach Shawn Marsing - shawn.marsing@wasatch.edu	
<b>Venue :</b>	Wasatch Aquatic Center	
<b>Date :</b>	January 24 & 25, 2025	
<b>Time :</b>	Friday Prelims: Warm up 8:15 a.m. - Meet start 10:00 a.m. Saturday Finals: Warm up 8:15 a.m. - Meet start 10:00 a.m.	
<b>Meet Referee :</b>	Derek Diedrichs - derekdiedrichs@hotmail.com	
<b>USA Observed :</b>	Yes	
<b>Meet Information :</b>	<a href="#">Region 7 Meet Guide</a>	

<b>4A - REGION 8</b>		<b>Mountain View, Orem, Payson, Provo, Timpanogos, Uintah</b>
<b>Host :</b>	Provo - Coach Kenzie Jones - kenziejones.coach@gmail.com	
<b>Contact :</b>	Chad Starks - chadstarks@gmail.com	
<b>Venue :</b>	Provo Rec Center	
<b>Date :</b>	January 24 & 25, 2025	
<b>Time :</b>	Friday Prelims: Warm up 1:00 p.m. - Meet start 2:00 p.m. Saturday Finals: Warm up 7:30 a.m. - Meet start 8:30 a.m.	
<b>Meet Referee :</b>	Connie Christensen - conniexensen@gmail.com	
<b>USA Observed :</b>	Yes	

<b>4A - REGION 9</b>		<b>Cedar, Crimson Cliffs, Desert Hills, Dixie, Hurricane, Pine View, Snow Canyon</b>
<b>Host :</b>	Snow Canyon - Coach Max Barnett - maxbar4@icloud.com	
<b>Contact :</b>	Jason Brooks AD - jason.brooks@washk12.org	
<b>Venue :</b>	Utah Tech University Pool - HPC	
<b>Date :</b>	January 21 & 22, 2025	
<b>Time :</b>	Friday Prelims: Warm up 5:00 p.m., - Meet start 6:00 p.m. Saturday Finals: Warm up 4:00 p.m. - Meet start 5:00 p.m.	
<b>Meet Referee :</b>	Rob Terry - theterryclan@gmail.com	
<b>USA Observed :</b>	Yes	

<b>4A - REGION 10</b>		<b>Cottonwood, Hillcrest, Jordan, Murray, Park City, Stansbury, Tooele</b>
<b>Host :</b>	Cottonwood	
<b>Contact :</b>	Coach Ron Lockwood - ronlockwood@live.com	
<b>Venue :</b>	Wasatch Aquatic Center	
<b>Date :</b>	January 25, 2025	
<b>Time :</b>	Warm up 3:00 p.m. - Meet start 4:15 p.m.	
<b>Meet Referee :</b>	Heidi Lane - hdlane@me.com	
<b>USA Observed :</b>	Yes	
<b>Meet Information :</b>	<a href="#">Region 10 Meet Guide</a>	

**4A - REGION 11 Bear River, Green Canyon, Logan, Mountain Crest, Ridgeline, Sky View, West Field**

**Host :** Mountain Crest High School - Coach Brian Kwant - briankwant@gmail.com  
**Contact :** Thomas Williams - tomwill00@gmail.com 435-764-163  
**Venue :** South Davis Recreation Center  
**Date :** January 24, 2025  
**Time :** Warm up 7:00 a.m. - Meet start 9:00 a.m.  
**Meet Referee :** Neal Legler - nlegler@gmail.com  
**USA Observed :** Yes  
**Meet Information :** [Region 11 Meet Guide](#)

**3A - REGION 12 Canyon View, Carbon, Delta, Emery, Juab, Manti, North Sanpete, Richfield**

**Host :** Canyon View - Coach Kirt Brown - kirt.brown@ironmail.org  
**Contact :** Michael Hudson AD - michael.hudson@ironmail.org  
**Venue :** Cedar City Aquatics Center  
**Date :** January 24, 2025  
**Time :** Warm up 9:00 a.m. - Meet start 11:10 a.m.  
**Meet Referee :** Tyler Morgan - tylermorgan0760@gmail.com  
**USA Observed :** Yes

**3A - REGION 13 Ben Lomond, Grantsville, Morgan, Ogden, South Summit, Union  
(Judge Memorial, Summit Academy, Juan Diego From Region 14)**

**Host :** South Summit  
**Contact :** Coach Andrea Sweet - ogdenswim@gmail.com / Mike Ruf AD - mruf@ssummit.org  
**Venue :** Wasatch Aquatic Center  
**Date :** January 23, 2025  
**Time :** Warm up 8:20 a.m. - Meet start 10:00 a.m.  
**Meet Referee :** Cynthia Card - crcskiing@yahoo.com  
**USA Observed :** Yes  
**Meet Information :** [Region 13 Meet Guide](#)

**UHS 2025 2A Division Swimming Championship**

**Teams :** Beaver, Grand County, Gunnison Valley, Maser Prep, Millard, North Summit, Parowan, Rowland Hall, St. Joseph, Telos Academy, Wasatch Academy  
**Contact :** Steve Marsing - smarsing@uhsaa.org  
**Venue :** Wasatch Aquatic Center  
**Date :** January 24, 2025  
**Time :** Warm up 3:00 p.m. - Meet start 4:15 p.m.  
**Meet Referee :** Mo Schiffman - maureenschiffman@gmail.com  
**USA Observed :** Yes  
**Meet Information :** [2A Division Championship Guide](#)