

3A State Swimming Championships - 2/10/2023 to 2/11/2023

UHSAA State Championship Swimming

2022 - 2023 Season

Psych Sheet - Prelim all Events

#1 Women 200 Yard Medley Relay											
Team	Relay	Seed Time									
1	JDCHS	1:58.53	13	Hanson, Ellie J	JR CARB	2:22.36	3	Conner, Amelia	SO JM	2:31.94	
2	JM	2:00.86	14	Beneke-Goni, Lola	SO SJCHS	2:22.51	4	Grimshaw, Soleil	FR CVHS	2:33.38	
3	EMERY	2:03.37	15	Lovell, Annicka R	SO CVHS	2:22.59	5	Schatz, Cyan	SO OGDEN	2:35.93	
4	MILL	2:03.91	16	Wasden, Lillian	SO MANTI	2:23.53	6	Gough, Riley	SO SSVR	2:38.67	
5	OGDEN	2:03.96	17	Tosolini, Thais	SR JDCHS	2:24.00	7	Warren, Zoe	SR GRND	2:40.66	
6	CVHS	2:06.97	18	Hanke, Kynlee	JR UNIO	2:26.37	8	Tsandes, Thaia	SR JDCHS	2:42.02	
7	MOR	2:08.01	19	Parks, Eva	FR JM	2:26.68	9	O'Brien, Marin	SR JM	2:42.66	
8	RH	2:10.64	20	Cunningham, Julia	SR JDCHS	2:26.89	10	Sill, Brielle	JR MOR	2:44.65	
9	CARB	2:11.32	21	Freston, Kennedy	SO UNIO	2:27.04	11	Dow, Kadee	JR GHS	2:45.31	
10	RICH	2:12.92	22	Fausett, Lindsie C	SR CARB	2:27.18	12	Maxfield, Brooke	JR RICH	2:46.51	
11	UNIO	2:13.05	23	Meccariello, Raleigh	SR EMERY	2:28.69	13	Riddle, Faith A	FR CVHS	2:46.64	
12	GHS	2:13.18	24	Blackburn, Rachel	FR CARB	2:29.16	14	Rushton, Riley G	SR CVHS	2:48.70	
13	SSHS	2:13.50	25	Christensen, Kanyon	FR CARB	2:29.69	15	Fowles, Meghan	SO MANTI	2:48.80	
14	GRND	2:15.60	26	Schupbach, Adelia	FR NSHS	2:29.97	16	Larsen, Kate	SO UNIO	2:48.87	
15	MANTI	2:17.47	27	Lindsey, Claire	SO EMERY	2:30.42	17	Bess, Lizzy	SO MOR	2:48.97	
16	NSPHS	2:18.81	28	Jamu, Abigail	SO JM	2:31.17	18	Jeffery, Jennacie P	JR CARB	2:50.03	
17	NSHS	2:22.00	29	Montoya, Carmen	SO JDCHS	2:31.76	19	Thayn, Lily	FR CARB	2:51.07	
18	BLHS	2:24.13	30	Maughan, Mallory J	SR GRND	2:34.84	20	Wilde, Pheobie	SO OGDEN	2:52.30	
19	SJCHS	2:24.87	31	Hardy, Amelia	JR OGDEN	2:35.81	21	Anderson, Bailee	SR OGDEN	2:52.62	
20	DHS	2:33.63	32	Day, Paige	FR NSPHS	2:36.86	22	Hanke, Katelyn	FR UNIO	2:54.19	
#2 Men 200 Yard Medley Relay			#4 Men 200 Yard Freestyle								
Team	Relay	Seed Time	Name	Yr School	Seed Time						
1	JM	1:41.36	1	Morgan, Kurt T	SO CVHS	1:50.48	23	Lockingen, Abigail	SR JDCHS	2:54.59	
2	CVHS	1:44.80	2	Bennett, Boston	JR UNIO	1:53.00	24	Grimm, Emma	FR EMERY	2:56.79	
3	OGDEN	1:47.07	3	Gillespie, Benji	JR JM	1:53.54	25	Whitaker, Zoie	SR MILL	2:57.30	
4	JDCHS	1:47.25	4	Jones, Gabe	SO SJCHS	1:54.76	26	Embleton, Belen	SR UNIO	2:57.43	
5	SJCHS	1:47.96	5	Ibanez, Gabe C	SR CARB	1:56.17	27	Lyman, Ember D	JR CARB	2:57.57	
6	GRND	1:49.23	6	Bishop, Ethan	SR MILL	1:57.51	28	Haley, Brenna L	JR CVHS	2:57.79	
7	UNIO	1:49.67	7	Sankovitz, Frank	SO JM	1:58.83	29	Anderson, Rosie	FR SSHS	2:58.40	
8	RICH	1:50.69	8	Mortensen, Brooks	SR OGDEN	1:58.97	30	Shakib, Sarah	FR RH	3:00.61	
9	RH	1:52.34	9	Talboys, Jack	FR JM	1:59.30	31	Jensen, Aspen	SR EMERY	3:01.43	
10	MOR	1:54.32	10	Engar, Nathan C	SR CARB	1:59.64	32	Hyder, Jocelyn	SR UNIO	3:02.56	
11	SSHS	1:54.69	11	Goss, Cameron	SR UNIO	1:59.72					
12	CARB	1:55.14	12	Bulf, Jack	JR JDCHS	2:00.31					
13	NSHS	1:56.08	13	Farnsworth, Tagert N	SR GRND	2:00.94					
14	NSPHS	1:56.82	14	Robertson, Tyler	SR MOR	2:02.22					
15	EMERY	1:57.24	15	Henneuse, Nicholas	FR SSHS	2:03.09					
16	MILL	1:58.50	16	Silcox, JW	SO NSHS	2:03.23					
17	SSVR	2:02.70	17	Ceniceros, Ayden	SR GRND	2:03.32					
18	GVHS	2:03.50	18	Jones, Cameron R	JR CARB	2:03.65					
19	BLHS	2:04.97	19	Thomas, Jaron	SR RICH	2:04.19					
20	GHS	2:08.61	20	Noorda, Gerrit	SO MOR	2:04.60					
			21	Cowan, Sam	JR JM	2:05.89					
			22	Kelly, Eoghan	SR JDCHS	2:06.48					
			23	Allen, Gunder	SR BLHS	2:06.64					
			24	Galang, Jacob	SR JDCHS	2:07.75					
			25	Frederick, Alex	SR EMERY	2:08.49					
			26	Reeves, Spencer	JR OGDEN	2:08.97					
			27	Bradford, Boyd C	SR CARB	2:09.15					
			28	Durrant, Bryant	SR EMERY	2:09.15					
			29	Barnett, Jack D	SO RICH	2:09.64					
			30	Wood, Zack	SO UNIO	2:10.82					
			31	Jones, Warren	SO NSPHS	2:12.55					
			32	Johnson, Bode	SO MOR	2:14.38					
#3 Women 200 Yard Freestyle			#5 Women 200 Yard IM			#6 Men 200 Yard IM					
Name	Yr School	Seed Time	Name	Yr School	Seed Time	Name	Yr School	Seed Time			
1	Donmez, Pinar	SO LCA	1:57.77	1	Weller, Audrey	SR JDCHS	2:13.82	1	Jones, Will	SR SJCHS	1:57.78
2	Dolan, Delaney	SO JM	2:07.99	2	Holman, Grace	SR JUAB	2:26.68	2	Rivkind, Dalton	SO OGDEN	2:12.19
3	Sylvia, Lyla	SO JDCHS	2:10.34					3	Child, Benji	SR JM	2:12.31
4	DuPont, Sophie	FR JM	2:11.05					4	Batty, Stetson	SO UNIO	2:12.69
5	Scholes, Sienna	SO UNIO	2:15.53					5	Hren, Nick	JR GRND	2:14.15
6	Armantrout, Mary	SR GHS	2:16.28					6	Despain, Sam P	JR CVHS	2:17.98
7	Day, Tori	JR NSPHS	2:17.08					7	Moore, Oran	JR GRND	2:19.97
8	Gough, Montana	SR SSVR	2:19.69					8	Runnels, Rhys	JR JM	2:20.45
9	Whitaker, Kallie	JR MILL	2:20.52					9	Shami, Joseph	SR JDCHS	2:20.98
10	Schupbach, Lenora	JR NSHS	2:21.29					10	Cox, Liam	FR JM	2:21.45
11	Whiting, Whitney	SR UNIO	2:21.82					11	Carlton, Toby	SO OGDEN	2:22.23
12	Young, Jayde	SO GRND	2:22.32					12	Schmitt, Keaton	SO UNIO	2:23.82
								13	Flieringa, Xavier	SO JDCHS	2:24.42
								14	Farr, Zach	SO JM	2:25.15
								15	Hadlock, Ashton	JR UNIO	2:25.19
								16	Smith, Connor	JR MOR	2:26.50
								17	Meredith, Karson J	SO CVHS	2:26.60
								18	Frandsen, Tyler	JR EMERY	2:26.92
								19	Jensen, Parker	SO EMERY	2:27.93
								20	Zilles, Kayson	FR UNIO	2:28.64
								21	Larsen, Kade	JR EMERY	2:29.58
								22	Diaz, Kyle	FR JDCHS	2:29.90
								23	Poulos, Karter S	SO CVHS	2:30.63
								24	Halliday, Branson	SO SSHS	2:31.33
								25	Thayn, Jackson M	JR CARB	2:32.84
								26	Palmer, Zaak	SO NSPHS	2:32.98
								27	Jensen, Luke	SR RICH	2:34.12

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#6 ... (Men 200 Yard IM)

Name	Yr School	Seed Time
28 Poulos, Ryker W	SR CVHS	2:34.19
29 Nielson, Austin	SR RICH	2:34.60
30 Hatch, Mitchell	SR OGDEN	2:36.28
31 Spencer, Finn	SO RICH	2:37.34
32 Petersen, Trek	FR EMERY	2:38.47

#7 Women 50 Yard Freestyle

Name	Yr School	Seed Time
1 Hunter, Stella	SR OGDEN	25.78
2 Henneuse, Allison	FR SSSH	26.55
3 Chamberlain, Alyssa A	JR CARB	26.57
4 Kling, Avah	SO RICH	26.64
5 Mayer, Mackenzie	JR GRND	26.81
6 Graham, Megan	SR BLHS	26.94
7 Farr, Lanee	SR JM	26.98
8 Schena, JayDee M	SO BEAV	27.04
9 Kennedy, Kamryn	JR OGDEN	27.11
10 Despain, Lizzy	JR MILL	27.33
11 Carter, Sydney	SR EMERY	27.38
12 Crompton, Mia V	JR CARB	27.50
13 Fennell, Piper	FR JDCHS	27.58
14 King, Lisa	FR CARB	28.00
15 Lemaire, Chloe	FR MANTI	28.30
16 Bower, Hadley B	JR CARB	28.46
17 Hains, Erika	JR OGDEN	28.49
18 Lamb, Phaedra	SR NSPHS	28.58
19 Andruschenko, Abigail	SO SSSH	28.60
20 Roper, Devin	SR MILL	28.70
21 Spunaugle, Eva	SR UNIO	28.84
22 Lurth, Alina C	SO BEAV	28.95
23 Blackner, Sienna	JR RICH	28.97
24 Morris, Abby	JR EMERY	29.13
25 Woolsey, Kylee	SO RICH	29.17
26 Tenzer, Abigail	FR JDCHS	29.31
27 Jamu, Abigail	SO JM	29.35
28 Freston, Kennedy	SO UNIO	29.46
29 Koyle, Emma	JR MILL	29.47
30 Aland, Chloe	JR UNIO	29.69
31 Bliss, Sophia	SR DHS	29.90
32 Rigtrup, Tallula B	FR CVHS	30.02

#8 Men 50 Yard Freestyle

Name	Yr School	Seed Time
1 Keddington, James	JR SSSH	22.80
2 Hansen, Hayden	SR SSVR	23.05
3 Kling, Grant	SR RICH	23.11
4 Grimshaw, Jacob C	SR CVHS	23.22
5 Andersen, Joshua	SR NSPHS	23.27
6 Galaviz, Levi	SO JM	23.48
7 Bartlett, Porter	SR OGDEN	23.57
8 Boyle, Liam	SR RH	23.82
9 Pfeifer, Elijah	JR MOR	24.00
10 Swick, Khristian	SR JDCHS	24.17
11 Meehan, Zachary	JR JDCHS	24.17
12 Fauver, Jacob	SR EMERY	24.69
13 Duberow, James	SR JM	24.71
14 Willey, Ty	SR OGDEN	24.72
15 Engar, Mason D	SO CARB	24.73

16 Alger, Weston H	JR CVHS	24.78
17 McKnight, Saxton	JR JDCHS	24.87
18 Singta, Touchapone	SO OGDEN	25.02
19 Jacobsen, Easton	SR BLHS	25.03
20 Howard, Matthew	JR JDCHS	25.13
21 Tullis, Spencer G	SR CARB	25.14
22 Cheney, Brannigan	SR MANTI	25.42
23 Comino, Jonah D	SO CVHS	25.55
24 Malan, Raiden	SO OGDEN	25.65
25 Thomas, Jaxon	SR UNIO	25.66
26 Jones, Avery	FR JM	25.82
27 Frampton, Kamdyn	FR MILL	25.96
28 Hepworth, Spencer W	JR CARB	26.10
29 Summers, Jack	JR SSSH	26.15
30 Huggard, Chase	JR EMERY	26.32
31 Draper, Lyle	JR MOR	26.44
32 Zager, Greyson	SO UNIO	26.69

#9 Women 100 Yard Butterfly

Name	Yr School	Seed Time
1 Donmez, Nehir	SO LCA	1:02.04
2 Lauer, Sydni R	FR PAR	1:03.45
3 Hategan, Isabella	JR JDCHS	1:04.29
4 Guymon, Aubrey	SR EMERY	1:05.35
5 Sylvia, Lyla	SO JDCHS	1:06.21
6 Gough, Montana	SR SSVR	1:06.64
7 Gordon, Grace	SR MOR	1:08.12
8 Puertas, Sarah B	JR MPHS	1:08.89
9 Gough, Riley	SO SSVR	1:09.94
10 Hyman, Cecelia	FR RH	1:10.56
11 Thurman, Kailey	JR MILL	1:12.19
12 Listgarten, Emma	SR WA	1:12.43
13 Duberow, Lucy	FR JM	1:12.46
14 Grimshaw, Soleil	FR CVHS	1:12.94
15 Stephenson, Shae	SO OGDEN	1:13.52
16 Whitham, Libby	SR GHS	1:14.51
17 Kowalczyk, Nel	FR JM	1:15.12
18 Thayn, Lily	FR CARB	1:15.32
19 Tsandes, Thaia	SR JDCHS	1:15.92
20 Card, Anna	SO SSSH	1:16.29
21 Zhou, Larissa	SR WA	1:16.92
22 Baird, Kaytlin	SR UNIO	1:17.42
23 Andruschenko, Abigail	SO SSSH	1:17.78
24 Winn, Stephanie	JR UNIO	1:18.57
25 Mejia, Emma	SR JM	1:18.93
26 Pascual, Bea	SR JDCHS	1:19.49
27 Wilkowski, Maggie	SO GRND	1:19.88
28 Middleton, Rylie	SO JM	1:20.89
29 Day, Paige	FR NSPHS	1:22.71
30 Patey, Danica	SO RICH	1:22.88
31 Whitaker, Zoie	SR MILL	1:24.31
32 Powell, Callie	SO UNIO	1:24.45
33 Nielson, Sarah	FR OGDEN	1:24.68

#10 Men 100 Yard Butterfly

Name	Yr School	Seed Time
1 Jones, Gabe	SO SJCHS	54.19
2 Keddington, James	JR SSSH	55.98
3 Child, Benji	SR JM	57.08
4 Eagar, Matt	SO JM	57.41

5 Shakib, Thomas	JR RH	57.45
6 Despain, Sam P	JR CVHS	57.60
7 Staley, Carter	JR NSHS	59.04
8 Shami, Joseph	SR JDCHS	59.16
9 Goss, Cameron	SR UNIO	1:00.06
10 Runnels, Rhys	JR JM	1:00.49
11 Lehman, Tyler	FR RH	1:01.04
12 Mayer, Jakson	SR GRND	1:01.56
13 Hadlock, Ashton	JR UNIO	1:02.24
14 Jones, Avery	FR JM	1:02.69
15 Robertson, Tyler	SR MOR	1:02.82
16 Parks, Josh	JR GHS	1:03.02
17 Meehan, Zachary	JR JDCHS	1:03.36
18 Allen, Gunder	SR BLHS	1:04.29
19 Crowther, Case	SO OGDEN	1:05.30
20 Jensen, Luke	SR RICH	1:05.40
21 Pearson, Tate	FR UNIO	1:06.08
22 Tait, Daxton	JR RICH	1:06.84
23 Poulos, Ryker W	SR CVHS	1:06.89
24 Stilson, Will	JR EMERY	1:07.60
25 Anderson, Brevan	SR RICH	1:07.82
26 Biggs, Timmy E	SO CVHS	1:07.86
27 Christensen, Cooper	SO UNIO	1:08.74
28 Jones, Warren	SO NSPHS	1:08.86
29 Smith, Hafen	SR SSVR	1:08.90
30 Harris, Tanner	SR OGDEN	1:09.52
31 Kepsel, Leland	FR CARB	1:09.88
32 Davis, Hayden	FR GVHS	1:10.63

#11 Women 100 Yard Freestyle

Name	Yr School	Seed Time
1 Chamberlain, Alyssa A	JR CARB	57.94
2 Henneuse, Allison	FR SSSH	58.12
3 Kling, Avah	SO RICH	58.27
4 Mayer, Mackenzie	JR GRND	58.32
5 Hunter, Stella	SR OGDEN	59.61
6 Crompton, Mia V	JR CARB	1:00.51
7 Carter, Sydney	SR EMERY	1:01.10
8 Schena, JayDee M	SO BEAV	1:01.18
9 Farr, Lanee	SR JM	1:01.45
10 Burnham, Abbey	SR UNIO	1:02.93
11 Kennedy, Kamryn	JR OGDEN	1:02.95
12 Whiting, Whitney	SR UNIO	1:03.66
13 King, Lisa	FR CARB	1:03.79
14 Riddle, Faith A	FR CVHS	1:04.34
15 Bower, Hadley B	JR CARB	1:04.39
16 Roper, Devin	SR MILL	1:04.47
17 Lemaire, Chloe	FR MANTI	1:04.58
18 Beneke-Goni, Lola	SO SJCHS	1:04.83
19 Spunaugle, Eva	SR UNIO	1:04.85
20 Morris, Abby	JR EMERY	1:04.98
21 Cunningham, Julia	SR JDCHS	1:05.28
22 Meccariello, Raleigh	SR EMERY	1:05.70
23 Lamb, Phaedra	SR NSPHS	1:06.10
24 Quintanilla, Kaylee J	SR CVHS	1:06.11
25 Card, Anna	SO SSSH	1:06.32
26 Woolsey, Kylee	SO RICH	1:06.39
27 Parks, Eva	FR JM	1:07.15
28 Hains, Erika	JR OGDEN	1:07.27
29 Rigtrup, Tallula B	FR CVHS	1:07.32

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#11 ... (Women 100 Yard Freestyle)

30	Childs, Jessie	FR EMERY	1:07.69
31	Toner, McKenzie	SO SAHS	1:08.92
32	Fowles, Keltsy	SR MANTI	1:08.94

#12 Men 100 Yard Freestyle

Name	Yr	School	Seed Time
1	Morton, Nico	SR JM	49.51
2	Morgan, Kurt T	SO CVHS	49.76
3	Kling, Grant	SR RICH	49.91
4	Bennett, Boston	JR UNIO	50.31
5	Belnap, Nathan	SO OGDEN	50.96
6	Gleason, Charlie	JR JDCHS	51.62
7	Andersen, Joshua	SR NSPHS	52.10
8	Sankovitz, Frank	SO JM	52.12
9	Boyle, Liam	SR RH	52.60
10	Swick, Khristian	SR JDCHS	53.05
11	McKnight, Saxton	JR JDCHS	53.81
12	Getchell, Ryker	FR UNIO	53.81
13	Pfeifer, Elijah	JR MOR	54.38
14	Anderson, Joe D	JR CVHS	54.60
15	Fauver, Jacob	SR EMERY	54.64
16	Engar, Mason D	SO CARB	54.93
17	Hansen, Lincoln	FR SSVR	55.24
18	Waters, Tyler	JR GVHS	55.29
19	Erickson, Henry	SO RH	56.33
20	Tullis, Spencer G	SR CARB	56.44
21	Jacobsen, Easton	SR BLHS	56.45
22	Barnett, Jack D	SO RICH	56.51
23	Durrant, Bryant	SR EMERY	56.69
24	Singta, Touchapone	SO OGDEN	57.48
25	Frampton, Kamdyn	FR MILL	57.54
26	Pratt, Hank	SR JM	57.56
27	Curtis, Joseph	SR NSHS	57.75
28	Tait, Daxton	JR RICH	57.80
29	Spendlove, Connor	SR MILL	57.98
30	Howard, Matthew	JR JDCHS	58.07
31	Welling, Brock	JR OGDEN	58.23
32	Malan, Raiden	SO OGDEN	58.45

#13 Women 500 Yard Freestyle

Name	Yr	School	Seed Time
1	Donmez, Nehir	SO LCA	5:39.42
2	Dolan, Delaney	SO JM	5:44.31
3	Lake, Melody	JR EMERY	5:59.04
4	Schatz, Cyan	SO OGDEN	6:01.57
5	Armantrout, Mary	SR GHS	6:06.23
6	Scholes, Sienna	SO UNIO	6:10.34
7	Lauer, Sydney R	FR PAR	6:10.59
8	Day, Tori	JR NSPHS	6:17.62
9	Dow, Kadee	JR GHS	6:23.61
10	Bradford, Ada' K	JR CARB	6:23.95
11	Bartlett, Berlin	SO OGDEN	6:24.93
12	O'Brien, Marin	SR JM	6:24.98
13	Young, Jayde	SO GRND	6:25.73
14	Halk, Evie	SO CARB	6:25.94
15	Bartlett, Tessa	SO RH	6:26.75
16	Draper, Shay	JR BLHS	6:28.42
17	Hanson, Ellie J	JR CARB	6:30.87

18	Rushton, Riley G	SR CVHS	6:32.16
19	Hanke, Kynlee	JR UNIO	6:32.92
20	Whitaker, Kallie	JR MILL	6:39.13
21	Wasden, Lillian	SO MANTI	6:40.83
22	Shakespeare, Ashlyn E	JR CVHS	6:41.05
23	Blackner, Sienna	JR RICH	6:42.41
24	Embleton, Belen	SR UNIO	6:43.21
25	Gardiner, Evangeline A	JR CVHS	6:44.27
26	Schupbach, Adelia	FR NSHS	6:45.70
27	Fausett, Lindsie C	SR CARB	6:46.45
28	Lindsey, Claire	SO EMERY	6:48.02
29	Anderson, Rosie	FR SSVR	6:50.53
30	Smith, Savannah	SO SJCHS	6:52.84
31	Staheli, Olivia M	JR CVHS	6:55.23
32	Winn, Cooper	SO UNIO	6:58.73

#14 Men 500 Yard Freestyle

Name	Yr	School	Seed Time
1	Cannon, Ethan D	JR CVHS	5:19.33
2	Ibanez, Gabe C	SR CARB	5:26.42
3	Galaviz, Levi	SO JM	5:27.98
4	Bartlett, Porter	SR OGDEN	5:29.08
5	Grimshaw, Jacob C	SR CVHS	5:31.55
6	Talboys, Jack	FR JM	5:32.49
7	Bittmenn, Nick R	JR CVHS	5:32.82
8	Bulf, Jack	JR JDCHS	5:33.06
9	Noorda, Gerrit	SO MOR	5:38.41
10	Bishop, Ethan	SR MILL	5:40.34
11	Henneuse, Nicholas	FR SSVR	5:42.75
12	Engar, Nathan C	SR CARB	5:43.17
13	Jones, Cameron R	JR CARB	5:44.26
14	Kelly, Eoghan	SR JDCHS	5:46.42
15	Ceniceros, Ayden	SR GRND	5:47.35
16	Silcox, JW	SO NSHS	5:47.40
17	Moore, Oran	JR GRND	5:48.05
18	Wood, Zack	SO UNIO	5:48.58
19	Thomas, Jaron	SR RICH	5:52.36
20	Frederick, Alex	SR EMERY	5:55.27
21	Reeves, Spencer	JR OGDEN	6:00.17
22	Poulos, Karter S	SO CVHS	6:01.44
23	Zilles, Kayson	FR UNIO	6:05.24
24	Diaz, Kyle	FR JDCHS	6:05.38
25	Bradford, Boyd C	SR CARB	6:07.19
26	Harris, Tanner	SR OGDEN	6:08.51
27	Harris, James	FR OGDEN	6:10.62
28	Olsen, Adam	SO EMERY	6:12.00
29	Christensen, Levi	SR RICH	6:12.06
30	Pearson, Tate	FR UNIO	6:16.43
31	Spendlove, Connor	SR MILL	6:17.85
32	Spencer, Finn	SO RICH	6:23.63

#15 Women 200 Yard Freestyle Relay

Team	Relay	Seed Time
1	CARB	1:50.39
2	JDCHS	1:51.55
3	EMERY	1:51.92
4	JM	1:52.77
5	UNIO	1:53.80
6	RICH	1:54.47
7	OGDEN	1:54.64

8	GRND	1:54.85
9	CVHS	1:55.54
10	MILL	1:58.18
11	MOR	1:58.22
12	SSHS	1:58.74
13	RH	1:59.85
14	GHS	2:00.07
15	NSPHS	2:00.47
16	MANTI	2:02.02
17	SJCHS	2:05.56
18	NSHS	2:06.08
19	BLHS	2:10.89
20	GVHS	2:13.14

#16 Men 200 Yard Freestyle Relay

Team	Relay	Seed Time
1	JM	1:32.21
2	OGDEN	1:34.33
3	JDCHS	1:35.56
4	CVHS	1:36.30
5	SJCHS	1:37.86
6	RH	1:37.92
7	CARB	1:38.41
8	SSHS	1:39.20
9	EMERY	1:39.49
10	UNIO	1:39.64
11	RICH	1:39.83
12	GRND	1:40.49
13	MOR	1:42.34
14	SSVR	1:44.10
15	MILL	1:45.07
16	NSHS	1:45.98
17	NSPHS	1:46.29
18	GVHS	1:48.14
19	MANTI	1:48.65
20	DHS	2:12.11

#17 Women 100 Yard Backstroke

Name	Yr	School	Seed Time
1	Hategan, Isabella	JR JDCHS	1:04.46
2	Lovell, Annicka R	SO CVHS	1:06.65
3	Guymon, Aubrey	SR EMERY	1:06.99
4	Puertas, Sarah B	JR MPHS	1:07.89
5	DuPont, Sophie	FR JM	1:08.59
6	Bartlett, Tessa	SO RH	1:08.63
7	Gordon, Grace	SR MOR	1:08.74
8	Koyle, Emma	JR MILL	1:09.75
9	Thurman, Kailey	JR MILL	1:09.76
10	Bradford, Ada' K	JR CARB	1:10.66
11	Bartlett, Berlin	SO OGDEN	1:10.66
12	Hyman, Cecelia	FR RH	1:11.26
13	Draper, Shay	JR BLHS	1:11.43
14	Shakib, Sarah	FR RH	1:12.85
15	Kowalczyk, Nel	FR JM	1:13.71
16	Warren, Zoe	SR GRND	1:13.89
17	Halk, Evie	SO CARB	1:13.96
18	Wilde, Pheobie	SO OGDEN	1:14.36
19	Burnham, Abbey	SR UNIO	1:14.90
20	Hanke, Katelyn	FR UNIO	1:15.18
21	McKay, Mia	JR GRND	1:15.44

3A State Swimming Championships - 2/10/2023 to 2/11/2023

UHSAA State Championship Swimming

2022 - 2023 Season

Psych Sheet - Prelim all Events

#17 ... (Women 100 Yard Backstroke)

22	Tosolini, Thais	SR JDCHS	1:15.55
23	Maxfield, Brooke	JR RICH	1:15.65
24	Larsen, Kate	SO UNIO	1:15.73
25	Pascual, Bea	SR JDCHS	1:15.91
26	Zhou, Larissa	SR WA	1:16.15
27	Shakespeare, Ashlyn E	JR CVHS	1:16.26
28	Tenzer, Abigail	FR JDCHS	1:16.60
29	Smith, Tessa	FR MOR	1:17.28
30	Jensen, Aspen	SR EMERY	1:17.28
31	Jeffery, Jennacie P	JR CARB	1:17.69
32	Mejia, Emma	SR JM	1:18.43
33	Dearden, Carlie	JR MILL	1:18.53

#18 Men 100 Yard Backstroke

Name	Yr	School	Seed Time
1	Jones, Will	SR SJCHS	52.15
2	Gillespie, Benji	JR JM	53.89
3	Belnap, Nathan	SO OGDEN	58.21
4	Mortensen, Brooks	SR OGDEN	58.66
5	Farnsworth, Tagert N	SR GRND	59.06
6	Anderson, Joe D	JR CVHS	1:01.48
7	Eagar, Matt	SO JM	1:01.99
8	Lehman, Tyler	FR RH	1:02.07
9	Bittmenn, Nick R	JR CVHS	1:02.11
10	Duberow, James	SR JM	1:03.22
11	Curtis, Joseph	SR NSHS	1:03.69
12	Galang, Jacob	SR JDCHS	1:04.00
13	Cox, Liam	FR JM	1:05.77
14	Welling, Brock	JR OGDEN	1:05.77
15	Frandsen, Tyler	JR EMERY	1:05.87
16	Erickson, Henry	SO RH	1:05.99
17	Getchell, Ryker	FR UNIO	1:06.00
18	Smith, Connor	JR MOR	1:06.09
19	Meredith, Karson J	SO CVHS	1:07.01
20	Mathews, Brenon	SR UNIO	1:07.87
21	Smith, Brady	JR NSPHS	1:08.38
22	Johnson, Bode	SO MOR	1:09.25
23	Comino, Jonah D	SO CVHS	1:09.34
24	Freston, Parker	SO UNIO	1:10.20
25	Hatch, Mitchell	SR OGDEN	1:10.35
26	Potts, Cooper	SO GRND	1:11.14
27	Laws, Tyson	JR EMERY	1:11.29
28	Stilson, Will	JR EMERY	1:12.41
29	Stevens, Zayne	SR MILL	1:12.58
30	Curtis, Garrison	SO NSHS	1:12.75
31	Tomlinson, Asher	SO UNIO	1:13.79
32	Brown, Aaryl	SO SSSH	1:14.30

#19 Women 100 Yard Breaststroke

Name	Yr	School	Seed Time
1	Donmez, Pinar	SO LCA	1:07.19
2	Weller, Audrey	SR JDCHS	1:07.33
3	Conner, Amelia	SO JM	1:11.14
4	Holman, Grace	SR JUAB	1:12.44
5	Lake, Melody	JR EMERY	1:13.10
6	Despain, Lizzy	JR MILL	1:16.19
7	Listgarten, Emma	SR WA	1:16.91
8	Graham, Megan	SR BLHS	1:17.33

9	Stephenson, Shae	SO OGDEN	1:18.42
10	Sill, Brielle	JR MOR	1:18.80
11	Bess, Lizzy	SO MOR	1:18.91
12	Dearden, Kadi	JR MILL	1:19.94
13	Young, Carley	JR EMERY	1:20.16
14	Fowles, Meghan	SO MANTI	1:20.48
15	Schupbach, Lenora	JR NSHS	1:21.24
16	Baird, Kaytlin	SR UNIO	1:22.07
17	Haley, Brenna L	JR CVHS	1:22.75
18	Fennell, Piper	FR JDCHS	1:23.56
19	Quintanilla, Kaylee J	SR CVHS	1:24.20
20	Gardiner, Evangeline A	JR CVHS	1:24.40
21	Hilton, Zaya	JR GVHS	1:25.17
22	Lurth, Alina C	SO BEAV	1:25.40
23	Baird, Sara	SO UNIO	1:25.57
24	Duberow, Lucy	FR JM	1:26.00
25	Anderson, Bailee	SR OGDEN	1:26.45
26	Dearden, Carlie	JR MILL	1:26.57
27	Mason, Purity	JR EMERY	1:26.88
28	Lyman, Ember D	JR CARB	1:26.89
29	Niesen, London	JR GRND	1:27.38
30	Johnson, Kember	SR RICH	1:27.40
31	Smith, Savannah	SO SJCHS	1:27.82
32	Niesen, Madi	FR GRND	1:28.45

#20 Men 100 Yard Breaststroke

Name	Yr	School	Seed Time
1	Morton, Nico	SR JM	1:01.28
2	Gleason, Charlie	JR JDCHS	1:04.57
3	Hansen, Hayden	SR SSVR	1:05.86
4	Cowan, Sam	JR JM	1:06.40
5	Flieringa, Xavier	SO JDCHS	1:07.39
6	Shakib, Thomas	JR RH	1:07.84
7	Batty, Stetson	SO UNIO	1:08.38
8	Cannon, Ethan D	JR CVHS	1:08.44
9	Rivkind, Dalton	SO OGDEN	1:08.97
10	Hren, Nick	JR GRND	1:09.27
11	Larsen, Kade	JR EMERY	1:09.34
12	Carlton, Toby	SO OGDEN	1:09.67
13	Willey, Ty	SR OGDEN	1:09.73
14	Crowther, Case	SO OGDEN	1:09.98
15	Schmitt, Keaton	SO UNIO	1:10.01
16	Hansen, Lincoln	FR SSVR	1:10.27
17	Parks, Josh	JR GHS	1:10.31
18	Farr, Zach	SO JM	1:10.81
19	Nielson, Austin	SR RICH	1:11.05
20	Staley, Carter	JR NSHS	1:11.43
21	Pratt, Hank	SR JM	1:11.46
22	Bassett, Jaedon	SR MILL	1:12.01
23	Jensen, Parker	SO EMERY	1:12.68
24	Draper, Lyle	JR MOR	1:12.92
25	Waters, Tyler	JR GVHS	1:12.96
26	Halliday, Branson	SO SSSH	1:13.69
27	Field, Carter	SR MOR	1:14.28
28	Hoopes, Tyler	JR UNIO	1:14.81
29	Baldwin, Caleb	SR RICH	1:15.56
30	Morris, Jacob	FR EMERY	1:15.62
31	Childs, Sloane	FR GVHS	1:15.66
32	Petersen, Trek	FR EMERY	1:15.98

#21 Women 400 Yard Freestyle Relay

Team	Relay	Seed Time
1	JDCHS	3:56.96
2	JM	4:05.70
3	EMERY	4:05.84
4	CARB	4:12.29
5	MILL	4:12.99
6	GRND	4:15.71
7	UNIO	4:16.79
8	OGDEN	4:16.88
9	RICH	4:17.74
10	SSHS	4:18.45
11	CVHS	4:29.22
12	MANTI	4:29.56
13	NSPHS	4:35.42
14	MOR	4:37.07
15	GHS	4:42.01
16	NSHS	4:56.21
17	DHS	5:10.80
18	GVHS	5:32.55

#22 Men 400 Yard Freestyle Relay

Team	Relay	Seed Time
1	JM	3:28.71
2	CVHS	3:31.68
3	JDCHS	3:35.91
4	OGDEN	3:35.92
5	CARB	3:37.86
6	GRND	3:39.74
7	UNIO	3:40.76
8	RICH	3:43.89
9	MOR	3:49.07
10	EMERY	3:49.77
11	MILL	3:49.93
12	SSHS	3:52.56
13	NSPHS	3:53.83
14	BLHS	3:59.09
15	MANTI	4:04.00
16	NSHS	4:06.46
17	GVHS	4:11.05
18	DHS	6:08.35