

# Alissa Thomas

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2015-2016 Best Times		2:58.82		36.17		1:20.83			
2016-2017 Best Times		2:49.15	3:21.75	34.15		1:15.19	7:48.16	1:31.62	
2017 Greg Fernley Invi	11-03-2017	2:44.48		33.90					
Cedar Invitational	11-10-2017	2:52.55		33.88					
Thanksgiving Tuesday 2	11-21-2017					1:16.74		1:31.74	
CV Invite 2017	12-01-2017					1:15.53		1:32.22	
2018 ThunderCat Invite	01-05-2018			34.13		1:19.89			
January Invitational 2	01-12-2018	2:52.50					7:52.25		
2018 Region 9 Champion	01-26-2018					1:14.87		1:32.25	

2014-2015 2015-2016 2016-2017 2017-2018

