

Valerie Herrin

| Meet | Date | 200 Free | 200 I.M. | 50 Free | 100 Fly | 100 Free | 500 Free | 100 Back | 100 Breast |
|--------------------------------------|------------|----------|----------|---------|---------|----------|----------|----------|------------|
| 2017-2018 Best Times | | | 2:51.93 | 29.99 | 1:18.93 | 1:05.54 | | | |
| Delta Mini Invitationa | 11-02-2018 | | 3:00.11 | | 1:28.96 | 1:06.81 | | | |
| Bingham Invitational 2 | 11-16-2018 | | 2:54.85 | 29.32 | | 1:05.52 | | | |
| Hunter & ALA @ Mountai | 11-29-2018 | 2:34.12 | | | | | | 1:16.06 | |
| Wasatch @ Timpanogos | 12-06-2018 | | | 28.59 | | | 7:28.96 | | |
| Riverton ALA @ West Jo | 12-13-2018 | | 2:50.62 | | | | | | |
| PHS v MMHS v SF v ALA | 12-19-2018 | | 2:49.67 | 29.18 | | | | | |
| Wasatch Academy Jan 8 | 01-08-2019 | | 2:49.95 | | 1:22.96 | | | | |
| Region 14 Championship | 01-24-2019 | | | 28.19 | | | | 1:13.61 | |
| 3A Utah State Swimming | 02-07-2019 | | | 27.62 | | 1:01.54 | | 1:11.75 | |

2015-2016 2016-2017 2017-2018 2018-2019

