Matthew Benson

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2020-2021 Best Times		2:54.63		32.41		1:14.91		1:45.18	1:32.33
2021-2022 Best Times		2:32.02	2:47.94	30.40	1:24.95	1:06.35	7:26.29	1:34.62	1:26.86
2022-2023 Best Times		2:21.59	2:41.71	28.26	1:16.42	1:03.41	6:48.53	1:18.60	1:20.42
Stansbury&Logan@Tooele	11-03-2023	2:19.46			1:10.89				
The Mustang Invitation	11-11-2023		2:39.63			1:03.92			
Payson@Logan	11-29-2023				1:08.68				1:20.20
Logan @ Sky View	12-07-2023			28.14			6:29.21		
NS EMERY LOGAN@GRAND23	12-08-2023				1:08.17	1:02.54		1:24.60	
Fremont, logan @ Bear	12-14-2023		2:36.69				6:29.38		
MCHS @ LHS	12-19-2023	2:17.24							1:18.00
Logan @GCHS (2023-24)	01-04-2024				1:11.51				1:17.72
Logan, Syracuse @ Frem	01-09-2024		2:37.34	28.64	1:12.69				
Ridgeline @ Logan	01-11-2024					1:00.75			1:17.47
Clearfield & Northridg	01-18-2024				1:10.77				1:18.50
Bonneville @ Logan	01-23-2024		2:34.91			1:01.54			
Region 11 Championship	02-03-2024								1:16.56

2020-2021 2021-2022 2022-2023 2023-2024















