

# Lois Alba

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
Wasatch Kickoff Invite	11-03-2018					1:34.47			
Wasatch v. Maple Mount	11-08-2018			41.53				1:44.78	
Thanksgiving Invitatio	11-16-2018			41.36		1:31.10			
Skyridge vs Wasatch	11-29-2018			37.72				1:39.69	
Wasatch v. Park City 1	12-04-2018			37.50		1:27.77			
Wasatch @ Timpanogos	12-06-2018			37.73		1:25.09			
Wasatch @ Kearns	12-08-2018			38.70		1:30.69			
Wasatch Winter Invite	12-14-2018			36.79		1:28.44			
2019 ThunderCat Invite	01-04-2019			36.49		1:23.86			
Wasatch v. Provo, Uint	01-10-2019			36.78		1:23.99			
Wasatch vs Telos vs Sp	01-17-2019			37.17		1:22.27			
Region 8 Championships	01-26-2019			35.71		1:20.96			

2015-2016 2016-2017 2017-2018 2018-2019

