

# Raquelle Simmons

| Meet                   | Date       | 200 Free | 200 I.M. | 50 Free | 100 Fly | 100 Free | 500 Free | 100 Back | 100 Breast |
|------------------------|------------|----------|----------|---------|---------|----------|----------|----------|------------|
| 2016-2017 Best Times   |            |          | 3:24.32  | 33.40   |         | 1:22.31  | 8:01.53  | 1:31.08  | 1:54.37    |
| WA MILLARD @ EMERY     | 11-07-2017 |          |          |         |         |          |          | 1:26.02  |            |
| Cedar Invitational     | 11-10-2017 |          | 3:02.26  | 31.76   |         | 1:09.84  |          |          |            |
| SSev,Grand,NSanp@Emery | 11-14-2017 |          |          | 33.65   |         |          | 7:23.74  |          |            |
| SSev Grand NSanp @ Eme | 11-14-2017 |          |          | 33.65   |         |          | 7:23.74  |          |            |
| Richfield@Emery        | 11-21-2017 | 2:49.99  |          |         |         |          |          | 1:25.56  |            |
| Emery @ Uintah         | 12-01-2017 |          |          | 32.44   |         | 1:12.79  |          |          |            |
| Emery and Gunnison @ C | 12-05-2017 |          | 3:06.27  |         |         | 1:11.51  |          |          |            |
| GRAND INVITATIONAL     | 12-08-2017 |          | 3:00.14  |         |         |          |          | 1:25.86  |            |
| TOOELE INVITATIONAL 2  | 12-15-2017 |          | 3:03.19  |         |         | 1:11.60  |          |          |            |
| NSHSGVHSUintah@Emery   | 12-20-2017 |          |          |         |         | 1:10.46  |          | 1:26.06  |            |
| RH, Emery, Gunnison &  | 01-05-2018 |          |          | 32.34   |         |          |          | 1:27.18  |            |
| CarbonNSPSSV@Emery     | 01-09-2018 |          | 3:08.65  | 33.24   |         |          |          | 1:25.53  |            |
| NSumWAGun@Emery        | 01-11-2018 |          | 3:03.02  |         |         | 1:09.36  |          |          |            |
| PaysonALAGrand@emery   | 01-16-2018 |          | 2:59.83  |         |         |          |          | 1:23.28  |            |
| Richfield vs Emery, So | 01-18-2018 |          |          | 31.94   |         |          | 7:22.19  |          |            |
| Region 15 Championship | 01-25-2018 |          | 3:00.17  |         |         | 1:08.93  |          |          |            |
| 3A 2018 Utah State Cha | 02-08-2018 |          | 2:55.45  |         |         | 1:06.90  |          |          |            |

2014-2015 2015-2016 2016-2017 2017-2018

