

# Elizabeth Williams

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2014-2015 Best Times		3:49.02		43.63		1:15.74	9:32.76	2:03.07	2:02.89
2015-2016 Best Times		3:08.00		34.50	1:51.54			1:33.58	1:52.41
N Summit & Stansburry	12-01-2016			36.87		1:24.96			
City County 2016	12-03-2016			35.88	1:46.33			1:44.69	
Logan, North Summit @O	12-07-2016			36.85	1:44.73				
Woods Cross, Bountiful	12-15-2016	3:01.85			1:45.37				
Ogden @Ben Lomond	01-06-2017			34.72				1:40.14	
Davis, Fremont, BE @Og	01-10-2017	2:59.63			1:39.67				
Bonneville @Ogden	01-18-2017		3:23.45			1:21.95			
Region 5 Swimming Cham	01-28-2017	2:55.27			1:48.59				

2013-2014 2014-2015 2015-2016 2016-2017

