

David Heap

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
Nebo Invitational	11-02-2018		2:28.38				6:06.29		
Spanish Fork, Salem Hi	11-06-2018			27.22		59.65			
Thanksgiving Invitatio	11-16-2018	2:12.20						1:09.37	
Lehi vs Salem Hills, S	11-20-2018				1:08.92				1:21.73
2018 Canyon View Invit	11-30-2018					58.24			1:19.53
Richfield vs Spanish F	12-05-2018			26.69					1:19.43
2018 Salem Hills vs. S	12-12-2018		2:27.99					1:09.78	
PHS v MMHS v SF v ALA	12-19-2018	2:16.41		26.45					
Spanish Fork @ Uintah	12-21-2018			26.59	1:09.40	1:01.95			
Spanish Fork @ Orem	01-03-2019			26.60	1:07.96				
Spanish Fork, Bear Riv	01-09-2019		2:25.47	29.38					
Highland Invitational	01-11-2019							1:08.81	1:22.45
Region 10 Championship	01-25-2019		2:25.64						1:21.57

2015-2016 2016-2017 2017-2018 2018-2019

