

# Nicholas Pembroke

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2016-2017 Best Times				25.86		58.45		1:04.75	
2017-2018 Best Times		2:11.90		24.47		55.85		1:00.46	
Highland @ Roy 2018-19	11-06-2018			24.98				1:00.03	
Highland at Skyline	11-13-2018		2:13.82		58.23				
2018 Canyon View Invit	11-30-2018		2:15.37	24.98				1:00.74	
East_Judge_RH_at_Highl	12-06-2018			24.89	59.54			59.79	
Olympus_at_Highland	12-11-2018		2:14.45						1:10.36
Judge Holiday Invitati	12-14-2018			24.54		54.76		1:00.38	
Murray at Highland	01-08-2019				58.40				1:09.29
Highland Invitational	01-11-2019		2:14.47					59.47	
West at Highland	01-15-2019			24.70		54.47			
Region 6 Championships	01-26-2019				56.93			57.47	
5A Utah State Swimming	02-08-2019				56.74			57.55	

2015-2016 2016-2017 2017-2018 2018-2019

