

Elizabeth Shawgo

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2020-2021 Best Times									
2021-2022 Best Times		2:40.86		31.81		1:08.72			1:25.95
2022-2023 Best Times				30.47		1:06.70			
Meet at CRC Nov 9	11-09-2023			29.14					1:26.83
Timpview vs. SHS, MMHS	11-16-2023			29.87					1:26.72
CV vs MM vs SF- Dual M	12-09-2023			30.35		1:06.51			
MelRobertsInvitational	12-15-2023			29.77					1:24.39
Alpine District Invita	12-20-2023			29.89					1:26.27
2024 Senior Night	01-19-2024			29.13					1:23.87
Region 7 Championships	02-02-2024			29.07					1:21.33

2020-2021 2021-2022 2022-2023 2023-2024

