

Jonah Simmons

| Meet | Date | 200 Free | 200 I.M. | 50 Free | 100 Fly | 100 Free | 500 Free | 100 Back | 100 Breast |
|------------------------|------------|----------|----------|---------|---------|----------|----------|----------|------------|
| 2014-2015 Best Times | | 2:02.65 | | 25.44 | | 56.30 | 6:19.71 | 1:03.77 | |
| 2015-2016 Best Times | | 2:00.16 | 2:29.00 | 25.39 | | 53.44 | 5:42.25 | 1:04.68 | |
| 2016-2017 Best Times | | 1:56.36 | 2:24.78 | 24.51 | | 52.44 | | 1:03.92 | 1:20.82 |
| Mustang Invite 2017 | 11-11-2017 | | | 25.64 | | 55.94 | | | |
| Thanksgiving Invitatio | 11-17-2017 | 2:02.25 | | | | 55.95 | 5:33.40 | | |
| Herriman @ Weber | 11-28-2017 | | | 24.90 | | | | 1:03.00 | |
| City County 2017 | 12-02-2017 | 1:57.18 | | | | | 5:26.18 | | |
| Syracuse @ Weber 2017 | 12-07-2017 | | | 25.10 | | 54.94 | | 1:02.33 | |
| Northridge & Clearifel | 12-14-2017 | | | | | | 5:37.91 | | |
| Layton @ Weber 2018 | 01-05-2018 | | | | | 55.00 | | 1:00.91 | |
| Davis @ Weber 2018 | 01-11-2018 | | | 24.50 | | | 5:33.84 | | |
| Weber @ Fremont 2018 | 01-18-2018 | 1:58.67 | | | | | | 1:01.72 | |
| 2018 Region 1 Champion | 01-26-2018 | 1:53.54 | | | | 51.93 | 5:14.04 | | |
| 6A 2018 Utah State Cha | 02-08-2018 | 1:52.51 | | | | 52.24 | 5:12.53 | | |

2014-2015 2015-2016 2016-2017 2017-2018

