

# Monlam Tehshar

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2015-2016 Best Times		2:28.39		29.78	1:15.44			1:23.66	
NSPHS,WA,GVSH@EHS11/4/	11-04-2016				1:19.06			1:19.59	
Carbon,NSPHA,WA @ Rich	11-16-2016					1:05.03		1:22.87	
2016 Canyon View Invit	12-02-2016			28.53	1:17.94	1:04.55			
EMERY,S. SUMMIIT, WASA	12-10-2016				1:18.92				
North Sanpete and Gunn	01-11-2017			29.10		1:07.41			
UintahCarbonWA@Emery	01-17-2017			29.25					
Delta January Meet	01-19-2017			31.15		1:11.60			
2A South Division Cham	01-26-2017	2:27.50			1:17.22				
2A State Swimming Cham	02-09-2017				1:13.51	1:04.79			

2013-2014 2014-2015 2015-2016 2016-2017

