

Kara Bowles

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2015-2016 Best Times		2:44.50		31.20		1:10.21			1:27.62
2016-2017 Best Times				30.57		1:11.02			1:30.08
Salem Payson @ orem	11-07-2017			31.52		1:13.71			
Thanksgiving Invitatio	11-17-2017			30.36		1:12.85			
Salem Hills, Spanish F	11-27-2017			32.08		1:15.12			
Salem Hills vs. Payson	12-08-2017			31.04		1:14.79			
Salem Hills vs. Spanis	12-13-2017			31.81		1:17.69			
Salem Hills @ Uintah	01-06-2018			32.34		1:17.42			
Salem Hills vs. Mt. Vi	01-09-2018			31.03		1:14.30			
Highland Invitational	01-12-2018			30.85		1:13.06			
Region 10	01-26-2018			31.49		1:14.00			

2014-2015 2015-2016 2016-2017 2017-2018

