

Allyson Cook

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2016-2017 Best Times		2:16.25	2:22.01	26.69	1:03.73	1:00.31		1:11.26	1:24.04
Wasatch V. Maple Mount	11-09-2017		2:22.22		1:02.29				

2014-2015 2015-2016 2016-2017 2017-2018

