

Michael Long

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2016-2017 Best Times				37.60		1:22.11			
Murray @ East	11-07-2017			36.20		1:21.68			
2017.11.14 Olympus v E	11-14-2017					1:20.26			
East v Cyprus	11-21-2017			37.90				1:33.57	
East v Highland v Rowl	11-28-2017			36.33		1:22.50		1:32.22	
CV Invite 2017	12-01-2017			36.23					
East at Skyline 201718	12-12-2017			37.02		1:21.71			
Judge Memorial Holiday	12-15-2017			34.33		1:18.50			
East v West	12-19-2017			35.48		1:18.91			
Highland Invitational	01-12-2018			35.49		1:17.89			
East @ Herriman	01-18-2018			36.51				1:31.29	
Region 6 JV Regions	01-23-2018					1:17.78			
Region 6 Championships	01-26-2018							1:27.24	

2014-2015 2015-2016 2016-2017 2017-2018

