

# Matthew Runnells

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2015-2016 Best Times		2:12.91	2:24.76	26.91	1:03.56			58.99	1:20.34
Alta @ MV/Timp	11-10-2016			25.28					1:14.88
Skyridge vs. Mountain	11-17-2016			25.65					1:15.55
Timpview Invite	01-12-2017		2:15.16			55.61		59.87	
MVHS vs. Timpview vs.	01-19-2017		2:15.55		1:03.34				
HS - Region 7 Champion	01-27-2017		2:09.20					57.76	
4A State Swimming Cham	02-10-2017		2:09.82					57.79	

2013-2014 2014-2015 2015-2016 2016-2017

