

# Benjamin Williams

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
City County 2016	12-03-2016			39.30		1:31.58			
Logan, North Summit @O	12-07-2016					1:35.31		1:44.82	
Ogden @Ben Lomond	01-06-2017			35.90		1:21.45		1:35.44	
Davis, Fremont, BE @Og	01-10-2017					1:16.40			
Bonneville @Ogden	01-18-2017	3:12.73		35.53					1:46.86
Region 5 Swimming Cham	01-28-2017			32.79				1:32.55	

2013-2014 2014-2015 2015-2016 2016-2017

