

Allyson Cook

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
Spanish Fork and Maple	11-04-2016			27.24	1:04.86				
MMHS&SHHS@SHS	12-08-2016			27.60	1:06.71				1:24.05
Judge Invite	12-16-2016			27.43	1:05.16				
SHS MMHS	01-13-2017		2:29.92					1:11.26	
Wasatch vs Payson & Ma	01-19-2017	2:16.25				1:00.31			
Region 8 Championship	01-27-2017		2:22.01	26.69	1:03.73				
4A State Swimming Cham	02-10-2017		2:26.76		1:04.13				

2013-2014 2014-2015 2015-2016 2016-2017

