

Shanon Dowling

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2013-2014 Best Times		2:23.05	2:36.55	29.91	1:16.85	1:04.90	6:09.88	1:16.01	
2014-2015 Best Times			2:27.93		1:10.78	1:02.75	5:50.09		
2015-2016 Best Times		2:15.03	2:37.13	28.81	1:04.79		5:50.61		
Spanish Fork and Maple	11-04-2016				1:08.37		5:51.66		
MMHS&SHHS@SHS	12-08-2016	2:12.62			1:09.06				
Judge Invite	12-16-2016	2:12.28			1:06.76				
SHS MMHS	01-13-2017	2:17.65		29.62					
Wasatch vs Payson & Ma	01-19-2017	2:11.88			1:06.11				
Region 8 Championship	01-27-2017				1:03.48		5:46.79		
4A State Swimming Cham	02-10-2017				1:02.67		5:44.72		

2013-2014 2014-2015 2015-2016 2016-2017

