

# James Grygla

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2016-2017 Best Times		2:38.98		30.23	1:24.18		7:01.05	1:21.24	1:23.71
2017-2018 Best Times			2:33.19	26.15	1:07.11	1:04.33	6:19.43	1:16.20	1:20.90
2018 Greg Fernley Invi	11-02-2018				1:03.59				1:18.46
Hurricane, Millard, Wa	11-30-2018		2:33.66		1:05.30				
Richfield vs CVHS, SSH	12-08-2018				1:03.39			1:11.47	
January Invitational 2	01-11-2019			27.06	1:04.11				
Region 9 Championships	01-25-2019	2:07.71		26.29					

2015-2016 2016-2017 2017-2018 2018-2019

