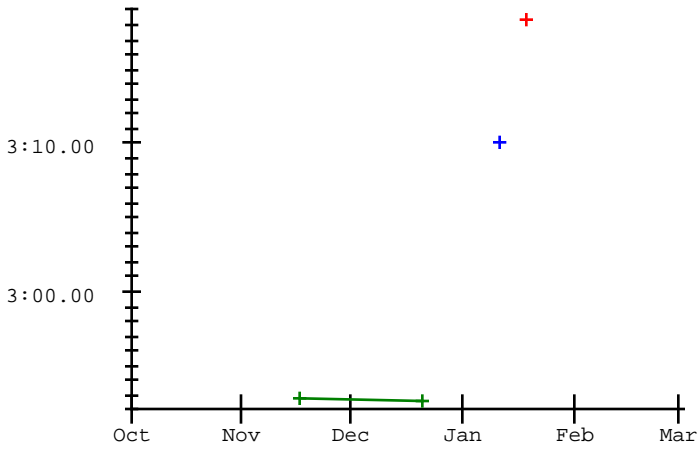


Kara Smeding

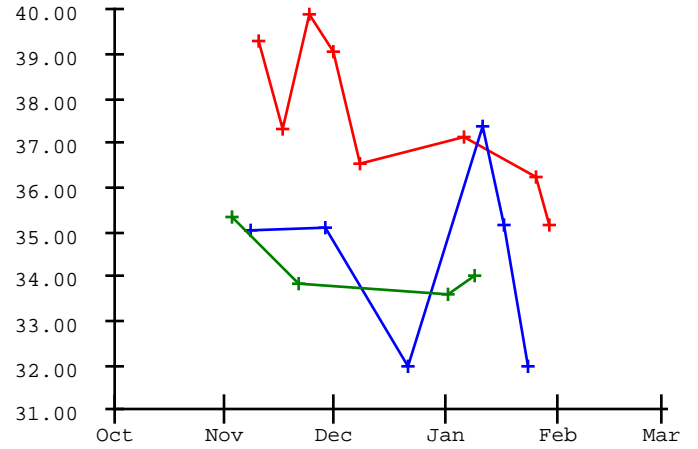
Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2015-2016 Best Times		3:18.28		35.17		1:20.24			
2016-2017 Best Times		3:10.01		31.99		1:12.98		1:44.24	1:57.59
Herriman HS Vs. Olympu	11-03-2017			35.37		1:22.57			
2017.11.14 Olympus v E	11-14-2017				1:36.95	1:23.29			
Thanksgiving Invitatio	11-17-2017	2:52.80				1:15.53			
Olympus and Kearns @ M	11-21-2017			33.86		1:21.68			
Olympus @ Cyprus	12-05-2017							1:40.66	
2017.12.12 Olympus v H	12-12-2017					1:22.63			
2017.12.21 Granite Sch	12-21-2017	2:52.56							
2017.01.02 Box Elder v	01-02-2018			33.63	1:38.26				
Olympus @ West	01-09-2018			34.03		1:26.83			

2014-2015 2015-2016 2016-2017 2017-2018

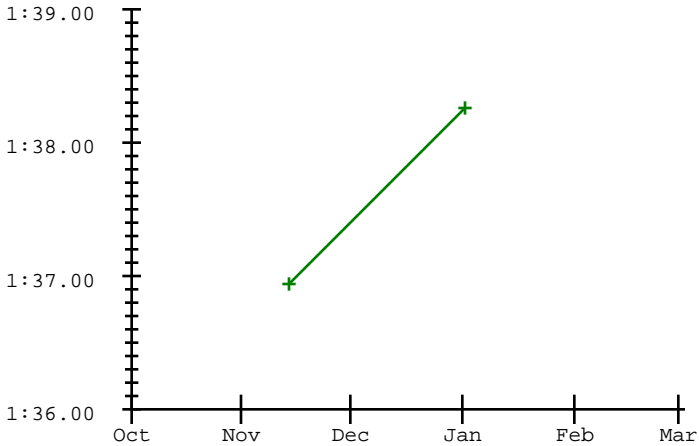
200 Free



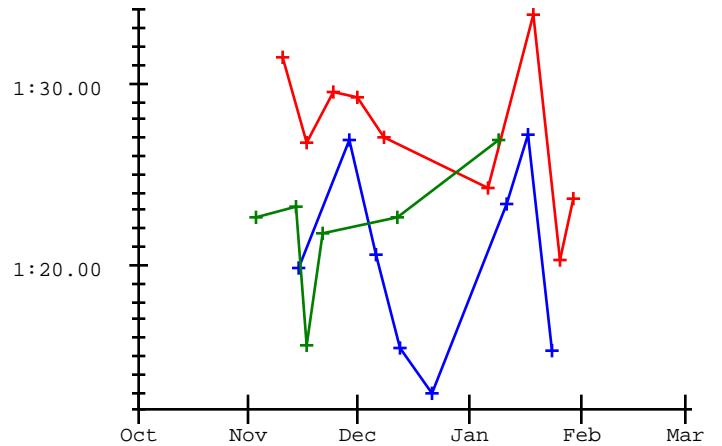
50 Free



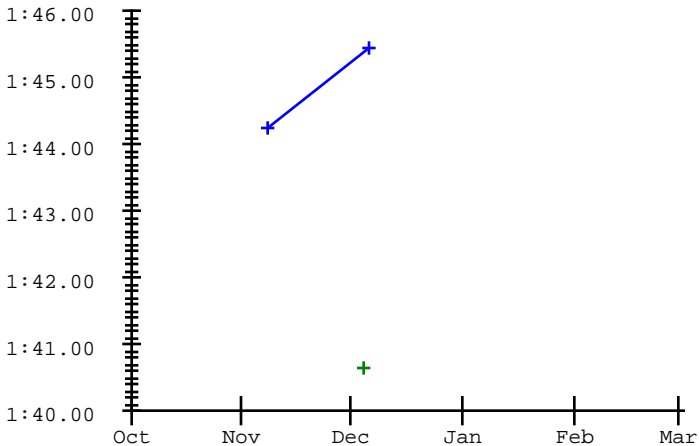
100 Fly



100 Free



100 Back



100 Breast

