

3A Utah High School State Swimming Champs - 2/16/2024 to 2/17/2024

Utah High School Swimming State Championships

Psych Sheet

Event 1 Women 200 Yard Medley Relay

3A HS Record: 1:47.13 2/10/2017 Park City High School

E Strong-Conklin, J Hess, K Hale, R Selznick

Pool Record: 1:41.88 2020

Sproul, Plaudis, Fie'eiki, Lindsay

UT HS Record: 1:46.59 2/3/2024 Lone Peak High School

K Bennett A Clegg H Tiffany T Bennett

1:44.27 * All-A Automatic

1:46.16 # All-A Consideration

Team	Relay	Seed Time
1 Judge		1:55.38
2 Juan Deigo		2:01.28
3 Canyon View		2:02.07
4 Union		2:03.81
5 Richfield		2:04.03
6 Ogden		2:04.13
7 Millard		2:04.87
8 Morgan		2:06.61
9 Rowland Hall		2:07.35
10 South Summit		2:08.91
11 Carbon		2:09.11
12 Emery		2:10.55
13 Grand County		2:12.92
14 North Summit		2:18.51
15 North Sanpete		2:19.69
16 Summit		2:20.48
17 Manti		2:20.79
18 Gunnison Valley		2:22.71
19 Saint Joseph		2:24.01
20 Grantsville		2:29.79

Event 2 Men 200 Yard Medley Relay

3A HS Record: 1:38.51 2/11/2023 Judge Memorial High School

B Gillespie, N Morton, M Eagar, L Galaviz

Pool Record: 1:28.70 2022

Camacho, Dominguez, Nicolas, Harrison

UT HS Record: 1:33.64 2/18/2022 Olympus High School

W. de la Garza, B. Sink, A. Turney, I. Conner

1:32.76 * All-A Automatic

1:34.41 # All-A Consideration

Team	Relay	Seed Time
1 Judge		1:42.15
2 Canyon View		1:43.50
3 Ogden		1:43.84
4 Juan Deigo		1:46.12
5 Union		1:47.48
6 Morgan		1:49.92
7 Emery		1:51.90
8 South Summit		1:52.19
9 Grand County		1:53.67
10 Carbon		1:55.16
11 Richfield		1:55.19
12 North Summit		1:56.81
13 Millard		2:00.29
14 Gunnison Valley		2:01.61
15 Grantsville		2:03.19

16 Wasatch	2:03.45
17 Saint Joseph	2:04.84
18 Manti	2:06.54
19 Delta	2:18.17
20 North Sanpete	2:39.17

Event 3 Women 200 Yard Freestyle

3A HS Record: 1:52.29 2/3/2012 Amelia Draney

Pool Record: 1:50.67 2020 Madison Parker

UT HS Record: 1:50.32 2/11/2011 Amanda A Barrett

1:48.74 * All-A Automatic

1:50.65 # All-A Consideration

Name	Yr School	Seed Time
1 Dolan, Delaney	JR JM	2:03.22
2 Taylor, Gracie K	FR CVHS	2:09.92
3 Scholes, Sienna	JR UNIO	2:11.63
4 Mayer, Mackenzie	SR GRND	2:11.79
5 Bradford, Ada` K	SR CARB	2:15.58
6 Halk, Evie	JR CARB	2:16.33
7 Page, Madeline	FR JM	2:17.43
8 Day, Tori	SR NSPHS	2:17.54
9 Maxfield, Brooke	SR RICH	2:18.02
10 Draper, Shay	SR BLHS	2:19.01
11 Goni Beneke, Lola	JR SJCHS	2:19.02
12 Hanson, Ellie J	SR CARB	2:19.14
13 Young, Jayde	JR GRND	2:19.16
14 Shakespear, Ashlyn E	SR CVHS	2:19.43
15 Whitaker, Kallie	SR MILL	2:19.44
16 Schupbach, Adelia	SO NSHS	2:19.55
17 Kowalczyk, Nel	SO JM	2:20.11
18 Blackburn, Rachel	SO CARB	2:21.55
19 Smith, Millie	SO NSHS	2:23.84
20 Card, Anna	JR SSSH	2:25.04
21 Nielson, Sarah	SO OGDEN	2:25.22
22 Parks, Eva	SO JM	2:26.00
23 Wasden, Lillian	SO MANTI	2:26.05
24 Williams, Nina	JR JD	2:28.31
25 Shakespear, Zoe L	SR CVHS	2:29.52
26 Hardy, Amelia	SR OGDEN	2:29.54
27 Smith, Kendra	JR NSPHS	2:32.31
28 Johansen, Annie	FR EMERY	2:32.36
29 Lafleur, Amelia H	SO CVHS	2:32.47
30 Smith, Karsyn	FR UNIO	2:32.77
31 Meccariello, Hadley	SO EMERY	2:33.16
32 Winn, Cooper	JR UNIO	2:33.26

Event 4 Men 200 Yard Freestyle

3A HS Record: 1:41.89 2/12/2016 Lucas O Hess

Pool Record: 1:36.65 2022 Tanner Nelson

UT HS Record: 1:38.39 2/20/2021 Tanner Nelson

1:38.67 * All-A Automatic

1:40.06 # All-A Consideration

Name	Yr School	Seed Time
1 Morgan, Kurt T	JR CVHS	1:44.32
2 Belnap, Nathan	JR OGDEN	1:52.73
3 Cannon, Ethan D	SR CVHS	1:54.43
4 Bittmenn, Nick R	SR CVHS	1:55.38

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Event 4 ... (Men 200 Yard Freestyle)

Name	Yr	School	Seed Time
5 Bulf, Jack	SR	JD	1:56.11
6 Silcox, JW	JR	NSHS	1:56.24
7 Talboys, Jack	SO	JM	1:56.52
8 Jones, Cameron R	SR	CARB	1:57.48
9 Sankovitz, Frank	JR	JM	1:58.18
10 Engar, Mason D	JR	CARB	1:58.51
11 Moore, Oran	SR	GRND	2:01.45
12 Frampton, Kamdyn	SO	MILL	2:01.85
13 Cowan, Sam	SR	JM	2:02.00
14 Noorda, Gerrit	JR	MOR	2:02.34
15 Walker, Jack	FR	OGDEN	2:03.39
16 Lauer, Ty A	FR	PAR	2:04.15
17 Hadlock, Ashton	SR	UNIO	2:04.47
18 Barnett, Jack D	JR	RICH	2:04.72
19 Erickson, Henry	JR	RH	2:06.03
20 Zilles, Kayson	SO	UNIO	2:06.19
21 Gawron, Sebastian	FR	JM	2:06.68
22 Bishop, Dylan	JR	MILL	2:07.14
23 Hansen, Mason	SR	GVHS	2:08.02
24 Wasden, Alistair	FR	MANTI	2:08.96
25 Pearson, Tate	SO	UNIO	2:09.02
26 Brown, Aaryl	JR	SSHS	2:09.04
27 Jones, Warren	SR	NSPHS	2:09.52
28 Hanson, Bracken	FR	CARB	2:09.61
29 Zager, Greyson	JR	UNIO	2:09.81
30 Hancock, Matthew	FR	OGDEN	2:10.25
31 Keisel, Brant	JR	NSHS	2:10.72
32 Johnson, Bode	JR	MOR	2:11.09

Event 5 Women 200 Yard IM

Name	Yr	School	Seed Time
1 Donmez, Pinar	JR	LCA	2:15.46
2 Hategan, Isabella	SR	JD	2:20.22
3 Canale, Sophie	FR	JM	2:27.74
4 Lauer, Sydney R	SO	PAR	2:28.27
5 Schatz, Cyan	JR	OGDEN	2:30.40
6 Whitehead, Chloe	FR	JM	2:30.93
7 Conner, Amelia	JR	JM	2:32.36
8 Wilde, Pheobie	JR	OGDEN	2:36.23
9 Tanner, Lucy A	FR	CVHS	2:36.42
10 Sill, Brielle	SR	MOR	2:37.03
11 Duberow, Lucy	SO	JM	2:37.43
12 Bess, Lizzy	JR	MOR	2:39.21
13 Thurman, Kailey	SR	MILL	2:40.45
14 Thayn, Lily	SO	CARB	2:41.47
15 Leng, Sarah	FR	JD	2:42.83
16 Fowles, Meghan	SO	MANTI	2:43.70
17 Woolsey, Kylee	JR	RICH	2:45.12
18 Shakib, Sarah	SO	RH	2:45.32
19 Wilkowski, Maggie	JR	GRND	2:47.03

20 Jeffery, Jennacie P	SR	CARB	2:47.58
21 Hanke, Katelyn	SO	UNIO	2:47.61
22 Williams, Josie	FR	UNIO	2:48.29
23 Larsen, Kate	JR	UNIO	2:48.33
24 O'Neil, Brooklyn	FR	EMERY	2:48.40
25 Anderson, Rosie	SO	SSHS	2:48.83
26 Christensen, Kanyon	SO	CARB	2:49.39
27 Graf, Ellie	SR	RICH	2:49.75
28 Kelso, Kaybrie	FR	NSPHS	2:50.89
29 Young, Carley	SR	EMERY	2:53.90
30 Mason, Illyria	JR	EMERY	2:54.98
31 Swasey, Andrea	FR	CARB	2:56.11
32 Card, Asti	FR	SSHS	2:57.97

Event 6 Men 200 Yard IM

3A HS Record:	1:50.03	2/11/2023	Will C Jones
Pool Record:	1:48.75	2019	Jordan Tiffany
UT HS Record:	1:48.75	2/9/2019	Jordan R Tiffany
	1:49.50	* All-A Automatic	
	1:51.52	# All-A Consideration	

Name	Yr	School	Seed Time
1 Keddington, James	SR	SSHS	2:02.27
2 Gleason, Charlie	SR	JD	2:06.81
3 Fiscus, Teddy	JR	JM	2:07.59
4 Rivkind, Mathew	JR	OGDEN	2:09.10
5 Cannon, Sean J	FR	CVHS	2:10.60
6 Hren, Nick	SR	GRND	2:13.07
7 Batty, Stetson	JR	UNIO	2:13.10
8 Shakib, Thomas	SR	RH	2:14.17
9 Jones, Avery	SO	JM	2:14.45
10 Murari, Karan	JR	WA	2:16.92
11 Despain, Sam P	SR	CVHS	2:17.10
12 Smith, Connor	SR	MOR	2:19.11
13 Carlton, Toby	JR	OGDEN	2:20.38
14 Schmitt, Keaton	JR	UNIO	2:21.05
15 Jensen, Parker	JR	EMERY	2:21.38
16 Palmer, Zaak	JR	NSPHS	2:23.35
17 Tomlinson, Asher	JR	UNIO	2:24.43
18 Christensen, Cooper	JR	UNIO	2:24.92
19 Meredith, Karson J	JR	CVHS	2:24.98
20 McEntire, Carter	SO	SSHS	2:26.61
21 Petersen, Trek	SO	EMERY	2:27.50
22 Hearn, Chase	FR	OGDEN	2:28.79
23 Diaz, Kyle	SO	JD	2:30.34
24 Spencer, Finn	JR	RICH	2:30.38
25 Thayn, Jackson M	SR	CARB	2:30.49
26 Lewis, Keith	FR	GHS	2:31.18
27 Treseder, Andrew	JR	OGDEN	2:31.78
28 Fawcett, David	SR	MPA	2:32.53
29 Dzieciolowski, John	SO	JD	2:33.09
30 Christensen, Kian	JR	RICH	2:33.29
31 Ciulupa, Augustin	SO	JD	2:38.21
32 Bleak, Jaxon M	SO	CVHS	2:39.12

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Event 7 Women 50 Yard Freestyle

3A HS Record: 23.25 2/8/1997 Sara Watchorn
Pool Record: 23.00 2020 Gwen Gustafson
UT HS Record: 23.21 2/17/2023 Maddy R Parker

23.08 * All-A Automatic

Name	Yr	School	Seed Time
1 DuPont, Sophie	SO	JM	26.10
2 Henneuse, Allison	SO	SSHS	26.17
3 Chamberlain, Alyssa A	SR	CARB	26.22
4 Fennell, Piper	SO	JD	26.33
5 Kennedy, Kamryn	SR	OGDEN	26.54
6 Despain, Lizzy	SR	MILL	26.57
7 Lachance, Emery	FR	UNIO	26.71
8 Grimshaw, Soleil	SO	CVHS	26.77
9 King, Lisa	SO	CARB	26.86
10 Gough, Riley	JR	RICH	26.95
11 Schena, JayDee M	JR	BEAV	27.14
12 Crompton, Mia V	SR	CARB	27.50
13 Childs, Jessie	SO	EMERY	27.70
14 McKay, Mia	SR	GRND	27.82
15 Lovell, Annicka R	JR	CVHS	27.98
16 Stephenson, Shae	JR	OGDEN	28.07
17 Bower, Hadley B	SR	CARB	28.17
18 Foy, Lauren	JR	JD	28.21
19 Hains, Erika	SR	OGDEN	28.21
20 Rigtrup, Tallula B	SO	CVHS	28.22
21 Freston, Kennedy	JR	UNIO	28.43
22 Zheng, Sophie	SR	RH	28.46
23 Blackner, Sienna	SR	RICH	28.49
24 Mason, Purity	SR	EMERY	28.51
25 Bartlett, Berlin	JR	OGDEN	28.58
26 Jamu, Abigail	JR	JM	28.64
27 Donmez, Nehir	JR	LCA	28.65
28 Smith, Tessa	SO	MOR	28.89
29 Koyle, Emma	SR	MILL	28.94
30 Williford, Brooke	JR	MOR	29.07
31 Wasden, Lillian	SO	MANTI	29.14
32 Ferry, Katie	SR	NSHS	29.22

Event 8 Men 50 Yard Freestyle

3A HS Record: 21.17 2/9/2012 Dusty Ragland /Joe Hughes
Pool Record: 19.83 2019 Payton Sorenson
UT HS Record: 20.53 2/18/2022 Evan M Van Brocklin

20.43 * All-A Automatic

20.85 # All-A Consideration

Name	Yr	School	Seed Time
1 Bennett, Boston	SR	UNIO	21.63
2 Galaviz, Levi	JR	JM	22.59
3 Gillespie, Benji	SR	JM	22.84
4 Hansen, Lincoln	SO	RICH	23.23
5 Pfeifer, Elijah	SR	MOR	23.32
6 Henneuse, Nick	SO	SSHS	23.53
7 Breinholt, Connelly	SO	MOR	23.78
8 Singta, Touchapone	JR	OGDEN	23.90
9 Comino, Jonah D	JR	CVHS	23.94
10 Meehan, Zach	SR	JD	24.05

11 Getchell, Ryker	SO	UNIO	24.06
12 Murari, Karan	JR	WA	24.12
13 Malan, Raiden	JR	OGDEN	24.19
14 Olsen, Adam	JR	EMERY	24.35
15 Welling, Brock	SR	OGDEN	24.36
16 McKnight, Saxton	SR	JD	24.51
17 Cox, Liam	SO	JM	24.65
18 Frandsen, Tyler	SR	EMERY	24.74
19 Halliday, Branson	JR	SSHS	24.77
20 Summers, Jack	SR	SSHS	24.84
21 Rasmussen, Kaleb	SO	MANTI	25.07
22 Coudreat, Curtis	JR	JM	25.11
23 Waters, Preston	SO	GVHS	25.16
24 Berry, Kaison	JR	MOR	25.29
25 Christensen, Kian	JR	RICH	25.29
26 Biggs, Timmy E	JR	CVHS	25.33
27 Huggard, Chase	SR	EMERY	25.33
28 Donaldson, Aaden	SO	GVHS	25.34
29 Bosse, Magnus	JR	MANTI	25.39
30 Tait, Daxton	SR	RICH	25.45
31 Stilson, Will	SR	EMERY	25.61
32 Freston, Parker	JR	UNIO	25.79

Event 9 Women 100 Yard Butterfly

3A HS Record: 57.45 3/13/1984 Christi Harris
Pool Record: 55.04 2/17/2023 Jade Garstang
UT HS Record: 54.61 2/14/2014 Lillian F Moore

54.38 * All-A Automatic

55.48 # All-A Consideration

Name	Yr	School	Seed Time
1 Donmez, Nehir	JR	LCA	1:03.00
2 Lachance, Emery	FR	UNIO	1:05.08
3 Gough, Riley	JR	RICH	1:05.24
4 Lauer, Sydney R	SO	PAR	1:05.75
5 Hyman, Cecelia	SO	RH	1:05.92
6 Duberow, Lucy	SO	JM	1:07.45
7 Zheng, Sophie	SR	RH	1:07.97
8 Winn, Stephanie	SR	UNIO	1:08.46
9 Schiffman, Lily	FR	RH	1:11.06
10 Nuesmeyer, Gwen	FR	SA	1:11.58
11 Thayn, Lily	SO	CARB	1:12.01
12 Card, Anna	JR	SSHS	1:12.82
13 Layton, Anika	FR	SA	1:13.52
14 Nielson, Sarah	SO	OGDEN	1:13.53
15 Bower, Maya O	FR	CARB	1:14.27
16 Wilkowski, Maggie	JR	GRND	1:14.98
17 Jamu, Abigail	JR	JM	1:15.28
18 Burr, Audrey R	SR	CVHS	1:17.03
19 Riddle, Faith A	SO	CVHS	1:17.39
20 Christensen, Kanyon	SO	CARB	1:17.51
21 Andruschenko, Abigail	SR	SSHS	1:17.76
22 Yates, Mady	JR	SJCHS	1:19.92
23 Vincent, Ally	SO	GVHS	1:20.10
24 O'Neil, Brooklyn	FR	EMERY	1:20.83
25 Stark, Samantha	JR	OGDEN	1:21.31
26 Powell, Callie	JR	UNIO	1:22.58
27 Jones, Katie	FR	NSPHS	1:23.14

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Event 9 ...(Women 100 Yard Butterfly)

Name	Yr	School	Seed Time
28 Grimm, Emma	SO	EMERY	1:23.52
29 Lane, Macie	SR	SJCHS	1:24.15
30 Day, Paige	SO	NSPHS	1:25.11
31 Christensen, Kaycie	SR	MILL	1:25.74
32 Lambeth, Kylie J	JR	CVHS	1:26.09

Event 10 Men 100 Yard Butterfly

3A HS Record:	49.84	2/25/1978	Corey Killpack
Pool Record:	46.42	2023	Jordan Tiffany
UT HS Record:	47.71	2/15/2020	Jordan R Tiffany
	48.57	* All-A Automatic	
	49.69	# All-A Consideration	

Name	Yr	School	Seed Time
1 Morgan, Kurt T	JR	CVHS	50.86
2 Jones, Gabe	JR	SJCHS	52.36
3 Eagar, Matt	JR	JM	53.13
4 Olevych, Bohdan	JR	JD	53.83
5 Despain, Sam P	SR	CVHS	57.25
6 Hren, Nick	SR	GRND	57.58
7 Jones, Avery	SO	JM	57.89
8 Rivkind, Mathew	JR	OGDEN	57.89
9 Parks, Josh	SR	GHS	58.59
10 Poulos, Ryker W	SO	CVHS	58.89
11 Henneuse, Nick	SO	SSHS	59.75
12 Anderson, Joe D	SR	CVHS	1:01.89
13 Pearson, Tate	SO	UNIO	1:02.07
14 Christensen, Cooper	JR	UNIO	1:02.26
15 Farr, Zach	JR	JM	1:02.52
16 Jackson, Adam	SO	GVHS	1:03.09
17 Keisel, Brant	JR	NSHS	1:03.58
18 Rollins, Axel	SO	MOR	1:03.69
19 Meehan, Zach	SR	JD	1:03.87
20 Powell, Ian	FR	UNIO	1:04.14
21 Palmer, Zaak	JR	NSPHS	1:04.39
22 Hadlock, Ashton	SR	UNIO	1:04.89
23 Kranendonk, Logan	SO	CARB	1:05.31
24 Tait, Daxton	SR	RICH	1:05.35
25 Jensen, Soren	FR	GVHS	1:06.61
26 Fawcett, David	SR	MPA	1:06.80
27 Stilson, Will	SR	EMERY	1:07.06
28 Kepsel, Leland	SO	CARB	1:07.41
29 McNeil, Evan	SO	SSHS	1:07.94
30 Spencer, Finn	JR	RICH	1:08.47
31 Yarrish, Will	SR	JM	1:08.75
32 Farrell, Jack	JR	OGDEN	1:08.90

Event 11 Women 100 Yard Freestyle

3A HS Record:	51.24	2/8/1997	Sara Watchorn
Pool Record:	50.40	2/17/2023	Maddy R Parker
UT HS Record:	50.40	2/17/2023	Maddy R Parker
	50.15	* All-A Automatic	
	51.10	# All-A Consideration	

Name	Yr	School	Seed Time
1 Kling, Avah	JR	RICH	56.24
2 Grimshaw, Soleil	SO	CVHS	57.78

3 Chamberlain, Alyssa A	SR	CARB	58.08
4 Mayer, Mackenzie	SR	GRND	58.59
5 Scholes, Sienna	JR	UNIO	58.66
6 Kennedy, Kamryn	SR	OGDEN	59.72
7 Crompton, Mia V	SR	CARB	1:00.04
8 King, Lisa	SO	CARB	1:01.43
9 Page, Madeline	FR	JM	1:01.56
10 Schena, JayDee M	JR	BEAV	1:01.70
11 Freston, Kennedy	JR	UNIO	1:02.67
12 Young, Jayde	JR	GRND	1:02.74
13 Moore, Ainsley	JR	RH	1:02.92
14 Riddle, Faith A	SO	CVHS	1:03.04
15 Bower, Hadley B	SR	CARB	1:03.16
16 Childs, Jessie	SO	EMERY	1:03.39
17 Goni Beneke, Lola	JR	SJCHS	1:03.51
18 Reynolds, Kenley D	FR	CVHS	1:03.61
19 Maxfield, Brooke	SR	RICH	1:03.67
20 Foy, Lauren	JR	JD	1:03.69
21 Hains, Erika	SR	OGDEN	1:03.94
22 Lee, Olivia	FR	JM	1:03.98
23 Rigtrup, Tallula B	SO	CVHS	1:04.06
24 Blackner, Sienna	SR	RICH	1:04.23
25 Williford, Brooke	JR	MOR	1:05.00
26 Grimm, Emma	SO	EMERY	1:05.04
27 Andruschenko, Abigail	SR	SSHS	1:05.61
28 Aland, Chloe	SR	UNIO	1:06.16
29 Kling, Anali	FR	RICH	1:06.72
30 Parks, Eva	SO	JM	1:06.78
31 Middleton, Rylie	JR	JM	1:08.24
32 Meccariello, Hadley	SO	EMERY	1:08.43

Event 12 Men 100 Yard Freestyle

3A HS Record:	46.07	2/10/1979	David Lundberg
Pool Record:	43.97	2020	Cameron Auchinachie
UT HS Record:	45.13	2/18/2022	Evan VanBrocklin
	44.83	* All-A Automatic	
	45.64	# All-A Consideration	

Name	Yr	School	Seed Time
1 Bennett, Boston	SR	UNIO	47.54
2 Belnap, Nathan	JR	OGDEN	49.60
3 Cannon, Sean J	FR	CVHS	51.63
4 Pfeifer, Elijah	SR	MOR	52.25
5 Sankovitz, Frank	JR	JM	52.88
6 Comino, Jonah D	JR	CVHS	52.93
7 Malan, Raiden	JR	OGDEN	53.83
8 Frampton, Kamdyn	SO	MILL	54.39
9 Cox, Liam	SO	JM	54.53
10 Olsen, Adam	JR	EMERY	54.55
11 Anderson, Joe D	SR	CVHS	54.59
12 Getchell, Ryker	SO	UNIO	54.81
13 McKnight, Saxton	SR	JD	54.84
14 Breinholt, Connelly	SO	MOR	55.08
15 Larsen, Kade	SR	EMERY	55.35
16 Singta, Touchapone	JR	OGDEN	55.85
17 Burnham, Jayce	SO	UNIO	56.00
18 Alger, Weston H	SR	CVHS	56.12
19 Zager, Greyson	JR	UNIO	56.24

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Event 12 ... (Men 100 Yard Freestyle)

Name	Yr	School	Seed Time
20 Potts, Cooper	JR	GRND	56.49
21 Summers, Jack	SR	SSHS	56.52
22 Bishop, Dylan	JR	MILL	56.60
23 Berry, Kaison	JR	MOR	56.60
24 Coudreat, Curtis	JR	JM	57.04
25 Waters, Preston	SO	GVHS	57.39
26 Rasmussen, Kaleb	SO	MANTI	57.41
27 Huggard, Chase	SR	EMERY	58.22
28 Christiansen, Jamison	SO	EMERY	58.94
29 Lord, Jackson	SR	RICH	1:00.21
30 Reddish, Rustin	JR	OGDEN	1:00.30
31 Murdock, Rigdon	SO	GHS	1:00.67
32 Monroe, Rider	SR	MILL	1:00.93

Event 13 Women 500 Yard Freestyle

3A HS Record:	4:59.38	2/9/2013	Amelia Draney
Pool Record:	4:56.76	2020	Sara McClendon
UT HS Record:	4:55.28	2/18/2022	Katelyn Andrist
	4:53.06	* All-A Automatic	
	4:58.20	# All-A Consideration	

Name	Yr	School	Seed Time
1 Dolan, Delaney	JR	JM	5:33.45
2 Taylor, Gracie K	FR	CVHS	5:49.54
3 Canale, Sophie	FR	JM	5:53.63
4 Schatz, Cyan	JR	OGDEN	6:02.52
5 Winn, Stephanie	SR	UNIO	6:03.75
6 Lake, Melody	SR	EMERY	6:08.37
7 Halk, Evie	JR	CARB	6:08.63
8 Shakespear, Ashlyn E	SR	CVHS	6:17.53
9 Bower, Maya O	FR	CARB	6:17.71
10 Schiffman, Lily	FR	RH	6:18.93
11 Schupbach, Adelia	SO	NSHS	6:19.09
12 Hanson, Ellie J	SR	CARB	6:25.35
13 Smith, Savannah	JR	SJCHS	6:25.74
14 Tenzer, Abagial	SO	JD	6:26.84
15 Whitaker, Kallie	SR	MILL	6:27.86
16 Blackburn, Rachel	SO	CARB	6:30.83
17 Burr, Audrey R	SR	CVHS	6:33.61
18 Graf, Ellie	SR	RICH	6:36.22
19 Anderson, Rosie	SO	SSHS	6:36.24
20 Hanke, Kynlee	SR	UNIO	6:36.50
21 Gardiner, Evangeline A	SR	CVHS	6:42.64
22 Hardy, Amelia	SR	OGDEN	6:51.23
23 Winn, Cooper	JR	UNIO	6:54.32
24 Johansen, Annie	FR	EMERY	6:55.08
25 Toniolli, Jane	SO	OGDEN	6:58.15
26 Williams, Nina	JR	JD	6:58.78
27 Montoya, Carmen	JR	JD	7:03.82
28 Maughan, Paya	SO	GRND	7:06.50
29 Mesler, Ashley	SO	EMERY	7:23.47
30 Toner, McKenzie	SR	SA	7:26.27
31 Hamilton, Kaci	FR	GRND	7:26.70
32 Hall, Maysie	FR	GRND	7:28.10

Event 14 Men 500 Yard Freestyle

3A HS Record:	4:34.08	2/12/1977	Rick Morley
Pool Record:	4:27.17	2022	Tanner Nelson
UT HS Record:	4:30.06	2/20/2021	Tanner Nelson
	4:29.39	* All-A Automatic	
	4:33.16	# All-A Consideration	

Name	Yr	School	Seed Time
1 Olevych, Bohdan	JR	JD	5:06.08
2 Galaviz, Levi	JR	JM	5:09.86
3 Cannon, Ethan D	SR	CVHS	5:12.66
4 Silcox, JW	JR	NSHS	5:20.77
5 Bulf, Jack	SR	JD	5:20.82
6 Bittmenn, Nick R	SR	CVHS	5:21.93
7 Talboys, Jack	SO	JM	5:24.56
8 Jones, Cameron R	SR	CARB	5:25.30
9 Walker, Jack	FR	OGDEN	5:32.61
10 Noorda, Gerrit	JR	MOR	5:33.56
11 Lauer, Ty A	FR	PAR	5:34.10
12 Diaz, Kyle	SO	JD	5:44.19
13 Wood, Zack	JR	UNIO	5:45.82
14 Hanson, Bracken	FR	CARB	5:46.30
15 Hancock, Matthew	FR	OGDEN	5:48.65
16 Zilles, Kayson	SO	UNIO	5:49.64
17 Barnett, Jack D	JR	RICH	5:50.47
18 Kranendonk, Logan	SO	CARB	5:52.95
19 Hansen, Mason	SR	GVHS	5:55.57
20 Farr, Colin	FR	JD	5:58.64
21 Bennett, Ashton	SO	UNIO	5:59.40
22 Yarrish, Will	SR	JM	6:01.79
23 Hearn, Chase	FR	OGDEN	6:01.96
24 Swain, Zaden	SO	UNIO	6:02.12
25 McEntire, Carter	SO	SSHS	6:02.91
26 Lewis, Keith	FR	GHS	6:12.67
27 Wasden, Alistair	FR	MANTI	6:13.69
28 McNeil, Evan	SO	SSHS	6:14.16
29 Kepsel, Leland	SO	CARB	6:14.31
30 Stephenson, Brody	FR	OGDEN	6:17.70
31 Lee, Brandon M	SR	CVHS	6:24.84
32 Barnett, Hank	FR	RICH	6:27.40

Event 15 Women 200 Yard Freestyle Relay

3A HS Record:	1:38.18	2/13/2016	Park City High School
Senn, E Beller, K Hale, R Selznick			
Pool Record:	1:33.42	2020	
Gustafson, Brown, Coker, Lindsay			
UT HS Record:	1:36.59	2/11/2005	Kearns
N. Edge, C. Bergesen, T. Huff, J. Fredsall			
	1:35.36	* All-A Automatic	
	1:37.15	# All-A Consideration	

Team	Relay	Seed Time
1 Judge		1:47.86
2 Canyon View		1:48.94
3 Carbon		1:49.97
4 Juan Deigo		1:50.04
5 Ogden		1:50.16
6 Grand County		1:51.69

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Event 15 ... (Women 200 Yard Freestyle Relay)

Team	Relay	Seed Time
7 Richfield		1:51.89
8 Millard		1:52.36
9 Emery		1:52.73
10 South Summit		1:53.43
11 Union		1:53.65
12 Rowland Hall		1:55.78
13 North Summit		1:57.18
14 Morgan		2:00.34
15 Saint Joseph		2:00.95
16 North Sanpete		2:01.14
17 Manti		2:05.77
18 Summit		2:08.62
19 Gunnison Valley		2:10.37
20 Grantsville		2:16.09

Event 16 Men 200 Yard Freestyle Relay

3A HS Record:	1:28.13	2/13/2016	Park City High School
V Hess, L Hess, A Yokubison, C Bailer			
Pool Record:	1:20.12	2022	
Harrison, Woods, Nicolas, Stirling			
UT HS Record:	1:24.07	2/18/2022	Olympus High School
E. VanBrocklin, J. Saber, A. Turney, E. Astle			
	1:24.34	* All-A Automatic	
	1:25.75	# All-A Consideration	

Team	Relay	Seed Time
1 Ogden		1:33.47
2 Judge		1:33.61
3 Canyon View		1:34.23
4 South Summit		1:34.27
5 Union		1:34.60
6 Juan Deigo		1:36.22
7 Emery		1:37.88
8 Richfield		1:39.14
9 Grand County		1:40.91
10 North Summit		1:40.98
11 Gunnison Valley		1:41.06
12 Morgan		1:41.46
13 Carbon		1:42.96
14 Millard		1:44.32
15 Rowland Hall		1:44.48
16 Manti		1:47.44
17 Wasatch		1:48.13
18 Grantsville		1:50.24
19 Measer Prep		1:50.80
20 Ben Lomond		2:02.46

Event 17 Women 100 Yard Backstroke

3A HS Record:	56.11	2/2/2011	Amelia Wolfgramm
Pool Record:	55.18	2021	Brynn Sproul
UT HS Record:	53.45	2/12/2016	Rhyan White
	54.73	* All-A Automatic	
	55.91	# All-A Consideration	
Name	Yr	School	Seed Time
1 Henneuse, Allison	SO	SSHS	1:03.99
2 Hategan, Isabella	SR	JD	1:04.44

3 Kling, Avah	JR	RICH	1:04.52
4 DuPont, Sophie	SO	JM	1:04.87
5 Lovell, Annicka R	JR	CVHS	1:05.28
6 Hyman, Cecelia	SO	RH	1:07.13
7 Draper, Shay	SR	BLHS	1:08.97
8 Bartlett, Berlin	JR	OGDEN	1:09.27
9 Bradford, Ada` K	SR	CARB	1:09.46
10 Koyle, Emma	SR	MILL	1:09.98
11 Reynolds, Kenley D	FR	CVHS	1:10.24
12 Thurman, Kailey	SR	MILL	1:10.63
13 Kowalczyk, Nel	SO	JM	1:11.38
14 McKay, Mia	SR	GRND	1:11.50
15 Smith, Tessa	SO	MOR	1:12.24
16 Shakib, Sarah	SO	RH	1:12.48
17 Day, Tori	SR	NSPHS	1:12.76
18 Woolsey, Kylee	JR	RICH	1:13.03
19 Hanke, Katelyn	SO	UNIO	1:13.89
20 Williams, Josie	FR	UNIO	1:15.08
21 Mason, Illyria	JR	EMERY	1:15.13
22 Larsen, Kate	JR	UNIO	1:16.33
23 Jeffery, Jennacie P	SR	CARB	1:16.34
24 Tenzer, Abagial	SO	JD	1:16.64
25 Powell, Callie	JR	UNIO	1:17.08
26 Dearden, Charlie	SR	MILL	1:17.20
27 Morgan, Lily E	SO	CVHS	1:17.33
28 Toniolli, Jane	SO	OGDEN	1:18.85
29 Kling, Anali	FR	RICH	1:18.96
30 Davis, Brooklynn	SR	GHS	1:19.44
31 Trujillo, Morgan	JR	OGDEN	1:19.80
32 Howard, Chesney	FR	NSPHS	1:19.93

Event 18 Men 100 Yard Backstroke

3A HS Record:	49.37	2/11/2023	Will C Jones
Pool Record:	46.78	2019	Mark Nicolaev
UT HS Record:	48.25	2/15/2020	Jordan R Tiffany
	49.07	* All-A Automatic	
	50.18	# All-A Consideration	
Name	Yr	School	Seed Time
1 Jones, Gabe	JR	SJCHS	52.96
2 Gillespie, Benji	SR	JM	54.40
3 Eagar, Matt	JR	JM	55.94
4 Welling, Brock	SR	OGDEN	59.10
5 Poulos, Ryker W	SO	CVHS	1:00.20
6 Burnham, Jayce	SO	UNIO	1:00.53
7 Engar, Mason D	JR	CARB	1:01.92
8 Smith, Connor	SR	MOR	1:02.43
9 Frandsen, Tyler	SR	EMERY	1:03.57
10 Erickson, Henry	JR	RH	1:03.79
11 Gawron, Sebastian	FR	JM	1:04.64
12 James, Lee	SR	OGDEN	1:05.12
13 Tomlinson, Asher	JR	UNIO	1:05.78
14 Freston, Parker	JR	UNIO	1:05.90
15 Tullis, James	SO	CARB	1:05.91
16 Powell, Ian	FR	UNIO	1:06.23
17 Meredith, Karson J	JR	CVHS	1:06.33
18 Brown, Aaryl	JR	SSHS	1:07.34
19 Johnson, Bode	JR	MOR	1:09.54

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Event 18 ... (Men 100 Yard Backstroke)

Name	Yr	School	Seed Time
20 Lord, Jackson	SR	RICH	1:09.67
21 Laws, Tyson	SR	EMERY	1:09.84
22 Curtis, Garrison	JR	NSHS	1:10.93
23 Abbott, Zach	JR	JD	1:11.37
24 Martinez-Lopez, Derek	SO	OGDEN	1:11.64
25 Mecham, Gideon	SO	EMERY	1:12.06
26 Sellers, Cody	FR	RICH	1:12.71
27 Christiansen, Jamison	SO	EMERY	1:13.25
28 Reddish, Rustin	JR	OGDEN	1:13.66
29 Damron, Paul	JR	RICH	1:13.73
30 Hall, Acel	JR	GRND	1:14.36
31 Kilfoil, Ryder	JR	JD	1:14.94
32 Maddocks, Heaton	FR	MPA	1:15.21

Event 19 Women 100 Yard Breaststroke

3A HS Record: 1:04.54 2/11/2023 Pinar Donmez

Pool Record: 1:01.90 2020 Donna DePolo

UT HS Record: 1:02.09 1/25/2020 Haley Altman

1:02.59 * All-A Automatic

1:03.78 # All-A Consideration

Name	Yr	School	Seed Time
1 Donmez, Pinar	JR	LCA	1:03.96
2 Conner, Amelia	JR	JM	1:12.03
3 Whitehead, Chloe	FR	JM	1:12.96
4 Lake, Melody	SR	EMERY	1:13.78
5 Despain, Lizzy	SR	MILL	1:15.21
6 Fennell, Piper	SO	JD	1:15.24
7 Sill, Brielle	SR	MOR	1:15.91
8 Bess, Lizzy	JR	MOR	1:16.81
9 Young, Carley	SR	EMERY	1:17.66
10 Wilde, Pheobie	JR	OGDEN	1:17.76
11 Fowles, Meghan	SO	MANTI	1:19.00
12 Tanner, Lucy A	FR	CVHS	1:19.08
13 Blake, Legacy	JR	GRND	1:19.53
14 Stephenson, Shae	JR	OGDEN	1:20.48
15 Dearden, Kadi	SR	MILL	1:20.64
16 Gardiner, Evangeline A	SR	CVHS	1:21.00
17 Flores, Lily	FR	CARB	1:21.97
18 Moore, Ainsley	JR	RH	1:22.01
19 Hanke, Kynlee	SR	UNIO	1:22.20
20 Vincent, Ally	SO	GVHS	1:22.98
21 Haley, Brenna L	SR	CVHS	1:23.46
22 Tucker, Makayla	FR	GVHS	1:23.82
23 Seeley, Lillian B	SR	CARB	1:23.90
24 Kelso, Kaybrie	FR	NSPHS	1:24.76
25 Swasey, Andrea	FR	CARB	1:24.84
26 Smith, Millie	SO	NSHS	1:24.95
27 Migliori, Acelyn	JR	EMERY	1:25.08
28 Lyman, Ember D	SR	CARB	1:25.44
29 Smith, Kendra	JR	NSPHS	1:25.45
30 Mason, Purity	SR	EMERY	1:25.59
31 Aland, Chloe	SR	UNIO	1:25.72
32 Baird, Sara	JR	UNIO	1:25.93

Event 20 Men 100 Yard Breaststroke

3A HS Record: 56.54 2/12/2022 Max R Cannon

Pool Record: 53.07 2021 Josue Dominguez

UT HS Record: 55.29 2/18/2022 Jayden Hicken

55.44 * All-A Automatic

56.68 # All-A Consideration

Name	Yr	School	Seed Time
1 Gleason, Charlie	SR	JD	1:02.91
2 Keddington, James	SR	SSHS	1:03.27
3 Hansen, Lincoln	SO	RICH	1:03.51
4 Fiscus, Teddy	JR	JM	1:04.61
5 Cowan, Sam	SR	JM	1:04.88
6 Shakib, Thomas	SR	RH	1:05.37
7 Carlton, Toby	JR	OGDEN	1:05.83
8 Jensen, Parker	JR	EMERY	1:06.52
9 Batty, Stetson	JR	UNIO	1:07.79
10 Jackson, Adam	SO	GVHS	1:07.96
11 Parks, Josh	SR	GHS	1:08.45
12 Moore, Oran	SR	GRND	1:10.14
13 Halliday, Branson	JR	SSHS	1:10.45
14 Larsen, Kade	SR	EMERY	1:10.63
15 Alger, Weston H	SR	CVHS	1:10.64
16 Farr, Zach	JR	JM	1:10.86
17 Petersen, Trek	SO	EMERY	1:11.36
18 Schmitt, Keaton	JR	UNIO	1:11.61
19 Rollins, Axel	SO	MOR	1:11.90
20 Sagers, Parker	SO	MILL	1:13.18
21 Wood, Zack	JR	UNIO	1:13.57
22 Thayn, Jackson M	SR	CARB	1:14.25
23 Childs, Sloane	SR	GVHS	1:14.80
24 Treseder, Andrew	JR	OGDEN	1:14.80
25 McComas, Kwan	JR	OGDEN	1:15.27
26 Berrett, Jaxson	JR	RICH	1:15.58
27 Farrell, Jack	JR	OGDEN	1:15.62
28 Dzieciolowski, John	SO	JD	1:15.65
29 Hepworth, Spencer W	SR	CARB	1:15.65
30 Earl, Ky W	JR	CARB	1:16.66
31 Biggs, Timmy E	JR	CVHS	1:16.78
32 Hanke, Konner	SO	UNIO	1:18.45

Event 21 Women 400 Yard Freestyle Relay

3A HS Record: 3:34.82 2/11/2017 Park City High School

K Hale, E Beller, J Hess, R Selznick

Pool Record: 3:25.16 2020

Miller, Woznick, Lott, Reimer

UT HS Record: 3:31.38 2/3/2024 Lone Peak High School

H. Tiffany E Brewer G Wilson T Bennett

3:27.68 * All-A Automatic

3:31.16 # All-A Consideration

Team	Relay	Seed Time
1 Carbon		4:00.43
2 Richfield		4:00.74
3 Judge		4:01.08
4 Union		4:03.18
5 South Summit		4:10.09
6 Canyon View		4:10.13

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Event 21 ... (Women 400 Yard Freestyle Relay)

Team	Relay	Seed Time
7	Juan Deigo	4:12.73
8	Grand County	4:14.76
9	Ogden	4:15.35
10	Morgan	4:17.36
11	Emery	4:26.73
12	North Summit	4:27.80
13	Millard	4:30.54
14	North Sanpete	4:32.56
15	Saint Joseph	4:34.55
16	Manti	4:35.51
17	Summit	4:37.51
18	Grantsville	5:00.41
19	Gunnison Valley	5:10.77
20	Ben Lomond	5:56.92

3	Terry, Nathan	SO	BLHS	46.31
4	Hammond, Carter	JR	NSHS	47.55
5	Taylor, Coopeer	SO	GRND	54.96
6	Degroshe, Quarbin	SR	UNIO	1:06.29
7	Carrington, Tristan	FR	DELTA	NT
8	Kapler, John	FR	DELTA	NT

Event 22 Men 400 Yard Freestyle Relay

3A HS Record: 3:13.08 2/12/1977 Cyprus

McClelland, Shepherd, Killpack, Morley

Pool Record: 2:59.20 2020

O'Haimhirgin, Chiun, Fridlander, O'Haimhirgin

UT HS Record: 3:05.98 2/18/2022 Olympus High School

E VanBrocklin, I Conner, E Astle, M Quackenbush

3:05.74 * All-A Automatic

3:08.40 # All-A Consideration

Team	Relay	Seed Time
1	Canyon View	3:22.88
2	Judge	3:26.35
3	Union	3:30.50
4	South Summit	3:31.20
5	Ogden	3:31.95
6	Juan Deigo	3:35.19
7	Richfield	3:42.73
8	Morgan	3:42.96
9	Emery	3:43.87
10	North Summit	3:47.23
11	Carbon	3:47.80
12	Gunnison Valley	3:49.60
13	Grand County	3:55.51
14	Manti	3:59.70
15	Rowland Hall	4:03.89
16	Millard	4:06.37
17	Saint Joseph	4:11.31
18	Grantsville	4:23.94
19	Ben Lomond	4:34.88
20	Measer Prep	5:11.34

Event 24 Men 50 Yard Freestyle Unified

3A HS Record: 21.17 2/9/2012 Dusty Ragland /Joe Hughes

Pool Record: 19.83 2019 Payton Sorenson

UT HS Record: 20.53 2/18/2022 Evan M Van Brocklin

20.43 * All-A Automatic

20.85 # All-A Consideration

Name	Yr	School	Seed Time	
1	Davies, Taden	SO	MILL	32.79
2	Riches, Isaac	SR	GHS	35.09