

# NFHS SUIT RULES AND EXAMPLES

In order to help provide clarification for coaches, swimmers and parents we have included high school suit rules pulled directly from the NFHS rulebook, pages 24 and 25. Also included are some examples of illegal and legal suits.

**ART. 2 . . .** Suits shall be of one piece. Males shall wear suits which cover the buttocks and shall not extend above the waist or below the top of the kneecap. Females shall wear suits which cover the buttocks and breasts and shall not extend beyond the shoulders or below the top of the kneecap, nor cover the neck.

**PENALTIES:** When an official discovers a competitor wearing illegal attire as described in Article 2, the official shall:

1. when observed prior to the start of the heat/dive, notify the coach of the competitor to make the suit legal before becoming eligible to compete. If the competitor cannot comply without delaying the start of the heat/ dive, the competitor is disqualified from that event and shall not be eligible for further competition until in legal attire;
2. when observed after the heat officially begins, disqualify the competitor at the completion of the heat; nullify the competitor's performance time/score and the competitor shall not be eligible for further competition until in legal attire.

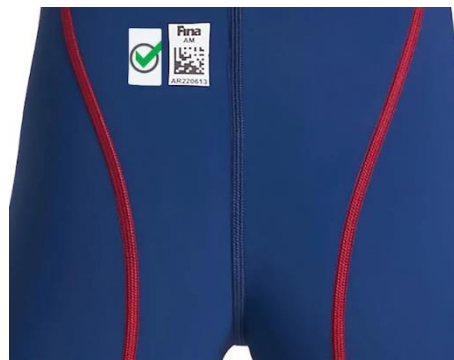
**ART. 3 . . .** The uniform consists of a suit and, if worn, cap(s).

- a. The suit or cap(s) may display the competitor's name, school name, school nickname and/or the school logo.
- b. Advertising or name other than that permitted in 3-3-3c is prohibited.
- c. A single visible manufacturer's logo/trademark/reference, no more than 2 1/4 square inches with no dimension more than 2 1/4 inches is permitted on each item of the uniform [suit and cap(s)]
- d. One American flag, not to exceed 2 inches by 3 inches, may be worn or occupy space on each item of uniform apparel. By state association adoption, to allow for special occasions, commemorative or memorial patches, not to exceed 4 square inches, may be worn on the uniform without compromising its integrity.

**ART. 4 . . .** Suits worn by swimmers shall be limited to the following requirements:

- a. Only one suit shall be permitted in competition. (A swimmer with unique or extenuating circumstances may request for customization to the state association through the school.)
- b. The suit shall be:
  1. constructed of a woven/knit textile material;
  2. permeable (100 percent to air and water), except for one post-construction, impermeable school name and/or logo which shall not exceed 9 square inches;
  3. made so as not to aid in buoyancy and shall not be altered to aid in buoyancy;
  4. made with no zippers or other fastening system other than a waist tie for a brief or jammer and elastic material within the casing/ribbing in the terminal ends (straps, leg openings and waist openings).
- c. Suits with a World Aquatics marking and/or the USA Swimming approved checkmark logo, if otherwise legal, shall be legal for NFHS competition.

**NOTE:** The World Aquatics mark, individual barcode and/or the USA Swimming approved check-mark logo on certain suits designating that the suit has been approved for World Aquatics and/or USA Swimming competition is not considered to be a second manufacturer's logo nor a form of advertising.



**\*\*Please note that the Fina/World Aquatics mark and green USA Swimming check-mark logo DO NOT confirm that a suit is legal for High School Competition. However, a suit may contain these two logos and be legal provided all other rules are followed.\*\***

## NFHS BOYS LEGAL SUITS



## NFHS BOYS ILLEGAL SUITS

Suits A through C have a manufacturer's logo whose dimensions are larger than 2 ¼ square inches, violating rule 3-3-C.



## NFHS GIRLS LEGAL SUITS



## NFHS GIRLS ILLEGAL SUITS

Suits A through E violate rule 3-3-C as they include more than a single visible manufacturer's logo/trademark/reference. Suits C and E clearly have dimensions larger than 2 ¼ square inches which also violates 3-3-C.



A

B

C

D

E