

# Soren Tholstrom

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2020-2021 Best Times									
2021-2022 Best Times									
2022-2023 Best Times		2:23.47	2:50.57	27.82		1:02.52			1:11.30
2023 Pre-Region 7 Invi	11-03-2023		2:45.17						1:15.17
Salem Hills, Timpanogo	11-09-2023			26.92				1:11.63	
Wasatch Kickoff Invite	11-11-2023			26.71					1:15.16
Wasatch v. Olympus 23	11-14-2023			26.70					1:14.24
2023 Thanksgiving Invi	11-17-2023			26.56					1:14.02
Wasatch Winter Invite	12-08-2023			25.77					1:13.72
Wasatch SFHS MMHS @CLY	12-14-2023					1:00.16		1:14.55	
Red Rock Invitational	01-05-2024					1:00.22			1:15.35
Timpview Invite	01-12-2024					1:00.46			1:12.98
Wasatch v. Spanish For	01-19-2024					1:00.26			1:12.76
Springville, Salem Hil	01-23-2024					59.80			1:12.26
Region 7 Championships	02-02-2024			26.20					1:11.19

2020-2021 2021-2022 2022-2023 2023-2024

