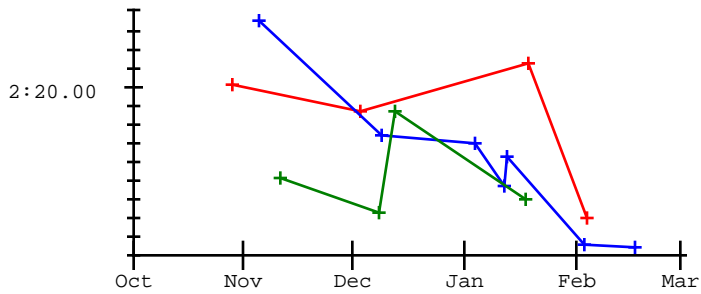


# Sophie Mottishaw

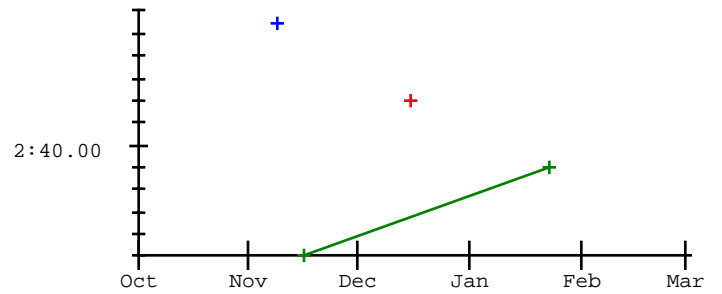
Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2020-2021 Best Times									
2021-2022 Best Times		2:13.06	2:41.97	28.91		1:02.83	6:06.28	1:13.88	1:33.85
2022-2023 Best Times		2:11.49	2:45.52	29.55	1:12.45	1:04.05	5:51.24	1:10.82	1:29.98
2023 Pre-Region 7 Invi	11-03-2023				1:10.15				1:29.25
Meet at CRC Nov 9	11-09-2023			28.87	1:10.07	1:02.05			
2023 Nebo Invitational	11-11-2023	2:15.18						1:10.59	
Timpview vs. SHS, MMHS	11-16-2023		2:35.07						1:27.52
Payson v Orem and Sprin	12-05-2023			29.36		1:04.03			
Judge Memorial Holiday	12-08-2023	2:13.38					5:53.89		
Riverton, Springville, S	12-13-2023	2:18.69			1:11.26				
Timpview Invite	01-12-2024				1:08.48		5:48.83		
SHS, THS, SHS	01-18-2024	2:14.00						1:08.61	
Springville, Salem Hil	01-23-2024		2:39.02		1:09.90				
Region 7 Championships	02-02-2024					1:00.65	5:49.51	1:07.12	
5A Utah High School St	02-23-2024						5:48.04	1:04.49	

2020-2021 2021-2022 2022-2023 2023-2024

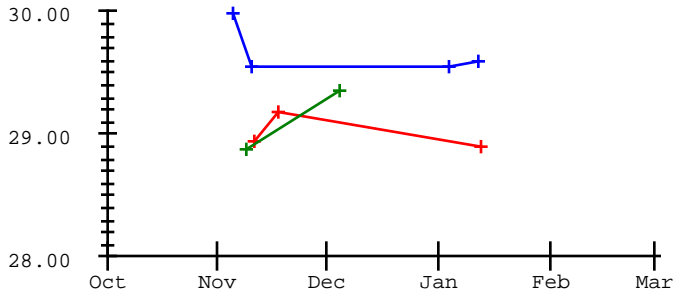
200 Free



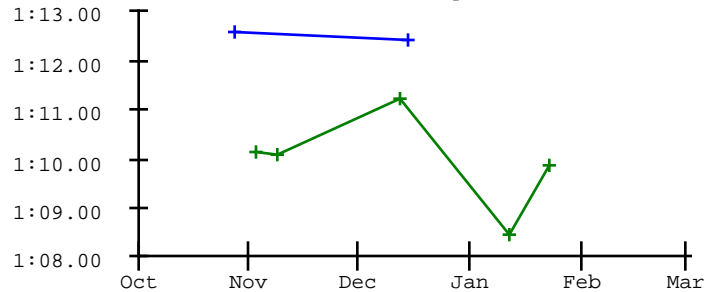
200 I.M.



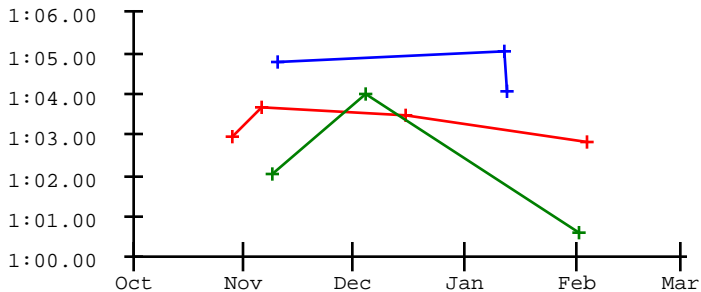
50 Free



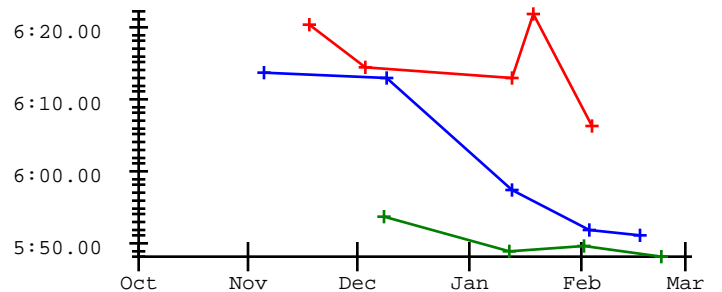
100 Fly



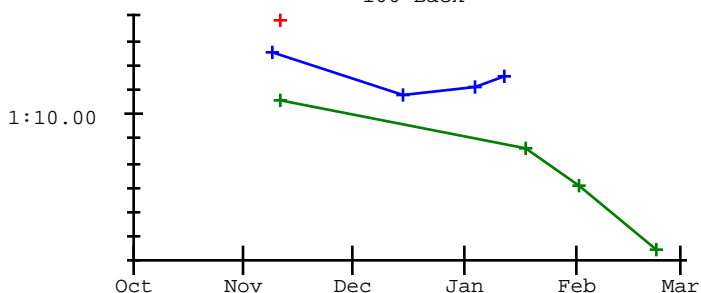
100 Free



500 Free



100 Back



100 Breast

