

# Noah Spanos

| Meet                   | Date       | 200 Free | 200 I.M. | 50 Free | 100 Fly | 100 Free | 500 Free | 100 Back | 100 Breast |
|------------------------|------------|----------|----------|---------|---------|----------|----------|----------|------------|
| 2021-2022 Best Times   |            |          |          |         |         |          |          |          |            |
| 2022-2023 Best Times   |            |          |          |         |         |          |          |          |            |
| 2023-2024 Best Times   |            |          |          |         |         |          |          |          |            |
| DHHS, HHS, PVHS Dual   | 11-01-2024 | 2:50.20  |          |         |         |          |          |          | 1:41.64    |
| SW Quad                | 11-15-2024 |          |          |         |         | 1:16.59  |          |          |            |
| Tiger Relay Meet       | 12-13-2024 |          |          |         |         | 1:14.67  |          |          |            |
| Tiger Invitational 202 | 12-14-2024 |          |          | 31.69   |         |          |          | 1:22.29  |            |

2021-2022 2022-2023 2023-2024 2024-2025

