

Elise Nydegger

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2020-2021 Best Times									
2021-2022 Best Times									
2022-2023 Best Times									
PG, AF @ LP	11-08-2023			34.81			7:23.14		
Cedar November Invitat	11-10-2023	2:43.44				1:15.90			
Westlake vs. PG	11-17-2023				1:33.89				1:36.76
PG vs Riverton vs CC 1	11-29-2023					1:18.35			1:35.50
Timpview vs. Orem, Ple	12-14-2023			35.41		1:20.04			
AF vs LP vs PG 1-24-24	01-24-2024			34.11					1:36.47
Region 3 Championships	02-03-2024					1:14.47			1:34.73

2020-2021 2021-2022 2022-2023 2023-2024

