

# Sam Poulson

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2020-2021 Best Times									
2021-2022 Best Times		2:08.88	2:11.42	25.36	1:02.79	56.49		1:08.85	1:07.46
2022-2023 Best Times			2:07.38	24.51	59.48	55.30	5:36.43	1:04.92	1:05.99
PG, AF @ LP	11-08-2023		2:08.23						1:04.76
Cedar November Invitat	11-10-2023		2:08.97						1:05.71
PG vs Riverton vs CC 1	11-29-2023		2:15.48		1:01.03				
Timpview vs. Orem, Ple	12-14-2023		2:14.47	25.34					1:07.09
Alpine District Invita	12-20-2023		2:13.87						1:07.61
AF vs LP vs PG 1-24-24	01-24-2024		2:14.51						1:08.33
Region 3 Championships	02-03-2024		2:11.08						1:04.98
6A Utah High School St	02-23-2024		2:05.95						1:03.19

2020-2021 2021-2022 2022-2023 2023-2024

