

Ammon Clark

| Meet | Date | 200 Free | 200 I.M. | 50 Free | 100 Fly | 100 Free | 500 Free | 100 Back | 100 Breast |
|------------------------|------------|----------|----------|---------|---------|----------|----------|----------|------------|
| 2021-2022 Best Times | | | | | | | | | |
| 2022-2023 Best Times | | | | | | | | | |
| 2023-2024 Best Times | | | 2:46.98 | 27.03 | 1:09.24 | 1:04.85 | | 1:12.37 | |
| Pre Region 24 | 11-02-2024 | 2:29.60 | | | 1:07.03 | | | | |
| 4Nebo Invitational | 11-09-2024 | | | | | 1:28.51 | | | |
| MMHS, CERV, SFHS | 11-14-2024 | | | | 1:07.53 | | 6:48.29 | | |
| Wasatch v. Springville | 11-21-2024 | 2:38.87 | | | | | | 1:12.45 | |
| 2024 Sentinel Sprinter | 12-07-2024 | | | 27.66 | 1:05.01 | | | | |
| Timpview vs. Salem Hil | 12-12-2024 | 2:16.48 | | | | | | | 1:26.81 |

2021-2022 2022-2023 2023-2024 2024-2025

