

# Josh Lamb

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2020-2021 Best Times									
2021-2022 Best Times		2:26.62	2:44.34	29.48	1:32.91	1:07.80	6:40.02	1:20.70	1:30.96
2022-2023 Best Times		2:18.48	2:35.26	27.14			6:08.99	1:17.57	1:33.54
2324 Roy and Bonneville	11-09-2023		2:37.42	26.88			6:16.92		
Bonneville @ Bear Rive	11-14-2023			26.62				1:17.38	
2023 Thanksgiving Invi	11-17-2023	2:10.50				1:00.56			
City-County 2023	12-09-2023	2:16.79					6:09.77		
Bonneville, Viewmont,	01-04-2024	2:19.25					6:06.96		
Bonn, Farm, WX @ Layto	01-11-2024		2:39.21					1:16.75	
Bonneville @ Logan	01-23-2024	2:21.52				1:00.03			
BHS, NHS, SHS@CHS	01-26-2024			26.35			5:52.80		
Region 5 Meet 2024	02-09-2024	2:20.91					6:06.61		

2020-2021 2021-2022 2022-2023 2023-2024

