

Ronny Pangan

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2021-2022 Best Times									
2022-2023 Best Times									
2023-2024 Best Times		2:48.32	3:00.06	32.26	1:20.47	1:10.97	7:51.03	1:22.40	1:23.46
CV, Kearns, Cedar	11-01-2024	2:38.49		31.28				1:15.69	
Cedar City Nov Meet 20	11-08-2024			29.92	1:13.45				
2024 Thanksgiving Tues	11-26-2024			30.34		1:12.98		1:12.81	
CV Invite 2024	12-06-2024					1:10.87			1:27.43
Tiger Invitational 202	12-14-2024		2:48.01				7:36.21		
Cedar Jan Meet 2025	01-10-2025			29.78				1:10.41	
CV-SA @ JD	01-18-2025			29.28		1:05.28			
Canyon View @ Murray	01-18-2025			30.84				1:12.68	1:23.59
Region 12 Championship	01-24-2025				1:05.55			1:10.95	
3A Utah High School St	02-07-2025				1:03.31				

2021-2022 2022-2023 2023-2024 2024-2025

