

# Erika Hains

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2020-2021 Best Times									
2021-2022 Best Times		2:54.74	3:24.41	29.67	1:38.65	1:05.47	8:02.19	1:38.47	1:51.37
2022-2023 Best Times		2:42.99		28.06		1:02.68			
Fremont, Box Elder @ O	11-28-2023			29.28					
Ogden @ Bear River	12-05-2023			29.69		1:09.22			
City-County 2023	12-09-2023			29.79		1:09.09			
Seahorse @ Ogden	12-14-2023	2:50.37		29.33				1:29.50	
MelRobertsInvitational	12-15-2023			29.20					1:33.67
Bonneville, Viewmont,	01-04-2024			28.77		1:07.02			
Ogden, Judge at South	01-09-2024	2:44.96				1:08.87			
Fremont, Morgan, Rowla	01-19-2024			28.39					
Region 13 Swim Meet	02-01-2024			28.21		1:03.94			
3A Utah High School St	02-16-2024			27.82		1:04.70			

2020-2021 2021-2022 2022-2023 2023-2024

