

Kennedy Freston

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2020-2021 Best Times									
2021-2022 Best Times		2:57.82	3:17.81	32.45	1:35.08	1:18.21	7:30.74	1:36.93	1:53.66
2022-2023 Best Times		2:23.97	3:05.84	29.46	1:28.78	1:08.65		1:29.66	1:36.28
Carbon @ Union	12-06-2023			29.44		1:05.33			
Union@EHS	12-12-2023			29.25				1:20.58	
MelRobertsInvitational	12-15-2023			29.33		1:05.61			
Ben Lomond & St. Josep	01-03-2024		2:51.31					1:20.75	
Union @ Carbon	01-09-2024	2:30.56							1:35.47
SSHS @ UNIO	01-17-2024			29.94		1:06.02			
Hurricane, Union @ RHS	01-19-2024	2:27.57				1:06.24			
Union @ SS	01-23-2024			29.92		1:05.72			
NSHS @ UNIO	01-24-2024			29.60		1:06.43			
Last Chance Invite 202	01-27-2024	2:30.00				1:05.22			
Region 13 Swim Meet	02-01-2024			28.43		1:02.67			
3A Utah High School St	02-16-2024			28.33		1:02.02			

2020-2021 2021-2022 2022-2023 2023-2024

