

Rachel Williams

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2021-2022 Best Times		2:33.65	3:01.49	29.33	1:24.29	1:05.95	6:58.61	1:23.34	1:33.11
2022-2023 Best Times		2:16.07	2:36.41	27.64	1:08.78	1:00.34	6:11.46	1:17.96	1:34.82
2023-2024 Best Times		2:04.34	2:30.57	27.75	1:04.01	1:01.62	6:01.16	1:14.75	1:25.36
2425 Box Elder Invite	11-02-2024				1:03.83		5:55.99		
2425 NRTHRDG, BNTFL, C	11-07-2024	2:10.64				58.94			
4Nebo Invitational	11-09-2024		2:31.36		1:04.65				
BEHS @ MCHS	11-14-2024			27.26				1:16.22	
2024 Thanksgiving Invi	11-22-2024	2:09.41			1:04.58				
Roy, Box Elder vs. Bon	12-03-2024		2:36.45						1:27.07
RHS, LHS, BEHS @ NHS	12-10-2024		2:35.08			1:01.58	6:02.26		
Silver Rush Invite 24	12-13-2024	2:08.22			1:04.23				

2021-2022 2022-2023 2023-2024 2024-2025

