

Brynley Seamons

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2020-2021 Best Times									
2021-2022 Best Times				29.84		1:05.23			
2022-2023 Best Times				30.00		1:06.44			
2023 Greg Fernley Invi	11-03-2023			29.65		1:06.50			
PG, AF @ LP	11-08-2023			30.04		1:07.10			
AF vs SR vs WS vs Lehi	11-15-2023			30.11		1:06.79			
Wasatch Winter Invite	12-08-2023		2:51.97			1:08.09			
AF vs LP vs PG 1-24-24	01-24-2024			30.31		1:08.32			
Region 3 Championships	02-03-2024		2:52.03	30.28					

2020-2021 2021-2022 2022-2023 2023-2024

