

# Joshua Langford

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2020-2021 Best Times									
2021-2022 Best Times									
2022-2023 Best Times				29.12		1:06.49			
PG, AF @ LP	11-08-2023			28.84		1:07.41			
Skyridve v Westlake v	11-21-2023			29.02		1:06.73			
Riverton, Springville,	12-13-2023			30.02		1:10.26			

2020-2021 2021-2022 2022-2023 2023-2024

