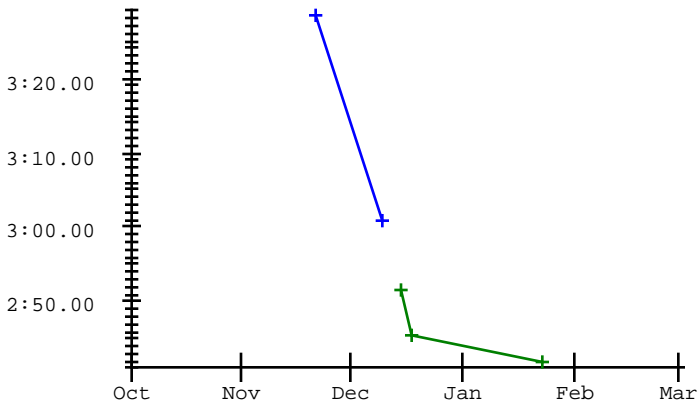


Ben Shell

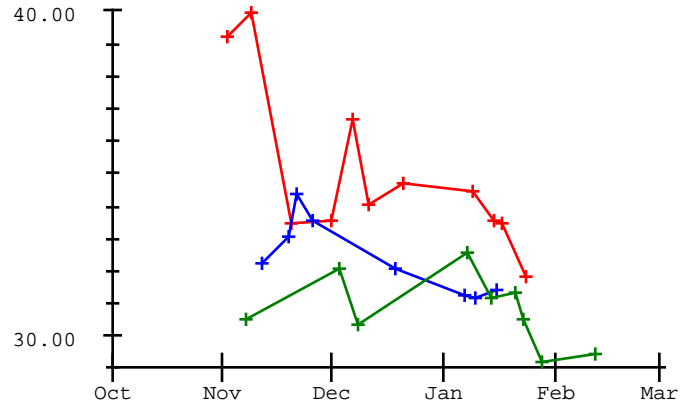
Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2018-2019 Best Times				31.85		1:15.93			
2019-2020 Best Times		3:00.76		31.19	1:22.46	1:15.95	8:16.12	1:28.18	
Richfield Wildcat Invi	11-07-2020			30.48	1:38.93				
Dec 3 North Sanpete Ho	12-03-2020			32.07	1:30.84				
Gunnison, Uintah, @ Ca	12-08-2020			30.34		1:14.24	8:15.57		
GVHS 12-10-20	12-10-2020					1:11.23	8:11.84		
Union, Richfield, Emer	12-15-2020	2:51.68					8:04.07		
North Sanpete, Gunniso	12-18-2020	2:45.43			1:32.95				
Millard@GVHS 12-20	12-22-2020				1:35.52		8:07.69		
January Invitational 2	01-08-2021			32.59			8:01.24		
North Sanpete Jan 14 H	01-14-2021			31.18	1:28.90				
UnionGunSSev@EHS	01-21-2021			31.34	1:24.94		7:55.05		
Carbon Last Chance Mee	01-23-2021	2:41.84		30.48	1:28.20				
Region 12 Championship	01-28-2021			29.22			7:30.86		
3A Mens State Champion	02-12-2021			29.46					

2017-2018 2018-2019 2019-2020 2020-2021

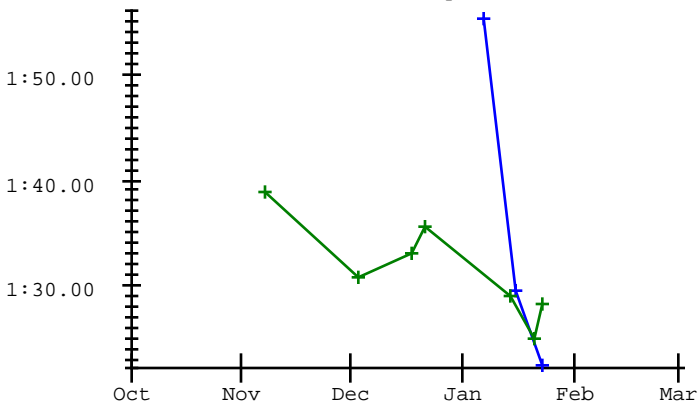
200 Free



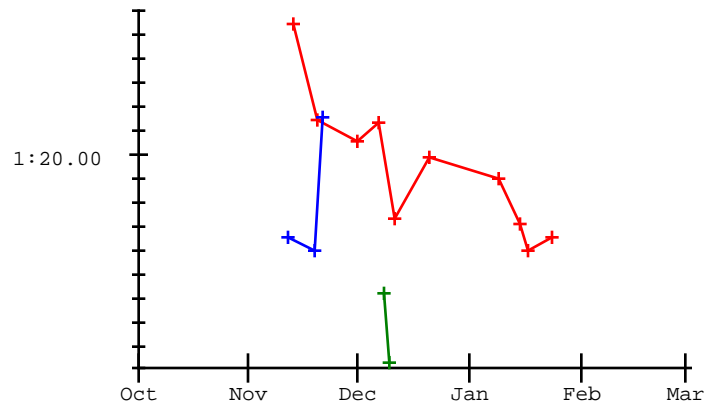
50 Free



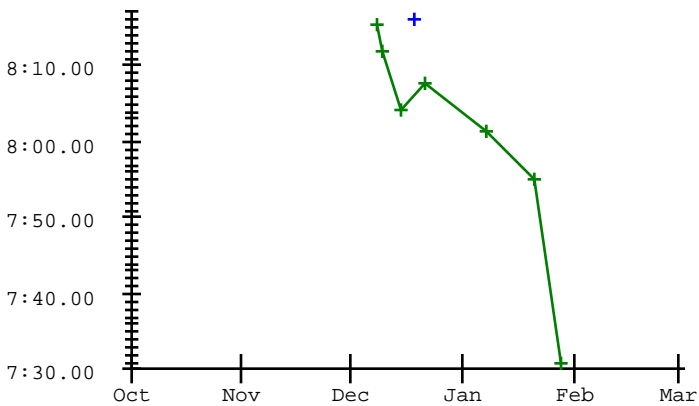
100 Fly



100 Free



500 Free



100 Back

