

# Claire Brog

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2021-2022 Best Times									
2022-2023 Best Times									
2023-2024 Best Times									
Brighton Polar Plunge	11-01-2024			31.58		1:11.52			
Taylorville @ Brighto	11-08-2024			31.23		1:11.58			
Skyline @ Brighton	11-15-2024			31.09		1:09.71			
West @ Brighton	12-10-2024			31.32		1:09.82			
Alta @ Brighton	12-19-2024			31.08		1:08.28			
Pleasant Grove @ Brigh	12-20-2024			30.99		1:08.73			
Brighton at Olympus	01-09-2025			31.41		1:10.29			
Highland @ Brighton	01-17-2025			30.70		1:07.11			
Brighton @ Kearns	01-21-2025			31.01		1:09.12			
Region 6 Championships	01-31-2025			30.40		1:06.34			

2021-2022 2022-2023 2023-2024 2024-2025

