

Lillian Brog

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2021-2022 Best Times									
2022-2023 Best Times				30.72	1:22.28	1:09.06		1:20.78	1:40.27
2023-2024 Best Times				30.31	1:22.78	1:07.21		1:25.02	
Brighton Polar Plunge	11-01-2024			31.42		1:12.46			
Taylorville @ Brighton	11-08-2024			32.28	1:24.68				
East & Judge w/ Brighton	11-21-2024			33.27		1:12.96			
West @ Brighton	12-10-2024			31.93					1:37.22
Alta @ Brighton	12-19-2024			31.80		1:10.62			
Pleasant Grove @ Brighton	12-20-2024			31.93		1:10.26			
Brighton at Olympus	01-09-2025			32.55		1:13.54			
Highland @ Brighton	01-17-2025			32.23		1:11.01			
Brighton @ Kearns	01-21-2025			32.12		1:12.52			
Region 6 Championships	01-31-2025			30.12		1:06.74			

2021-2022 2022-2023 2023-2024 2024-2025

