

# Ryker Lawrenson

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2020-2021 Best Times									
2021-2022 Best Times									
2022-2023 Best Times		2:54.90		30.88		1:10.62			1:39.31
2023 Nebo Invitational	11-11-2023			30.08		1:08.73			
Payson v Provo and SHH	11-14-2023			29.80		1:09.19			
Payson@Logan	11-29-2023			29.72		1:08.16			
Payson v Orem and Sprin	12-05-2023	2:42.39				1:10.54			
Tri Meet	12-13-2023			28.64		1:05.30			
Red Rock Invitational	01-05-2024			28.97		1:05.66			
Region VIII Championsh	02-02-2024			29.96		1:05.60			

2020-2021 2021-2022 2022-2023 2023-2024

