

Spencer Stowers

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2019-2020 Best Times			2:28.23	26.87	1:09.97	1:01.02		1:02.63	
2020-2021 Best Times				24.75		56.90		56.36	
2021 Greg Fernley Invi	11-05-2021			24.01				55.22	
Wasatch Kickoff Invite	11-13-2021					54.14		55.48	
Skyridge v Westlake v	11-16-2021			24.59				55.92	
Westlake v Lone Peak v	11-23-2021		2:17.31					57.75	
Lehi v CVHS v Skyridge	12-03-2021				1:01.35			55.23	
2021 Alpine District I	12-17-2021			24.04				54.27	
WL & Skyridge @ PG	01-05-2022	2:03.60						54.97	
2021 Lehi Senior Night	01-14-2022	2:01.69						55.32	
Westlake, Skyridge, an	01-20-2022	2:05.67						56.23	

2018-2019 2019-2020 2020-2021 2021-2022

