

# Keegan Knudsen

| Meet                   | Date       | 200 Free | 200 I.M. | 50 Free | 100 Fly | 100 Free | 500 Free | 100 Back | 100 Breast |
|------------------------|------------|----------|----------|---------|---------|----------|----------|----------|------------|
| 2021-2022 Best Times   |            |          |          |         |         |          |          |          |            |
| 2022-2023 Best Times   |            | 2:14.10  | 2:23.54  | 26.12   | 1:03.76 | 57.80    | 6:15.92  | 1:13.85  | 1:19.98    |
| 2023-2024 Best Times   |            | 2:01.22  | 2:22.69  | 23.62   | 1:00.54 | 54.36    | 5:49.83  | 1:11.47  |            |
| Pre Region 24          | 11-02-2024 |          |          | 23.48   |         |          | 5:48.10  |          |            |
| 4Nebo Invitational     | 11-09-2024 |          |          | 23.49   | 1:00.42 |          |          |          |            |
| MMHS, CERV, SFHS       | 11-14-2024 |          |          | 23.83   |         | 53.53    |          |          |            |
| Wasatch v. Springville | 11-21-2024 |          |          |         |         | 52.17    |          |          | 1:14.98    |

2021-2022 2022-2023 2023-2024 2024-2025

