

# Jonah Saling

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2020-2021 Best Times									
2021-2022 Best Times									
2022-2023 Best Times									
DHHSvsCRIM	11-10-2023			34.57					
PVHS Invite	12-09-2023			30.43		1:10.71		1:27.06	
Hurricane Senior Meet	12-16-2023								1:43.75
Red Rock Invitational	01-05-2024	2:32.43		29.23		1:05.40			
Cedar January Invite 2	01-12-2024			28.93		1:02.18			
Senior Night @ WCCC	01-26-2024			28.27			6:47.90		
2024 Region 9 Champion	02-02-2024			28.06		1:01.63			

2020-2021 2021-2022 2022-2023 2023-2024

