

# Zaak Palmer

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2020-2021 Best Times									
2021-2022 Best Times		2:34.05	2:41.94	29.43		1:07.67	7:05.76	1:20.52	1:22.63
2022-2023 Best Times		2:18.57	2:28.55	27.24	1:12.51	1:00.25	6:28.51	1:14.34	1:19.69
NSPHS 11-14-23	11-14-2023		2:23.35				5:54.88		
Grand,Carbon,North San	11-21-2023			27.95	1:05.14				
Richfield,N Sanpete,De	11-28-2023		2:30.57				6:03.35		
WINTER SUN FRIDAY@GRAN	12-01-2023		2:27.47		1:04.39				
WINTER SUN SATURDAY@GR	12-02-2023			26.61		57.66			
NSPHS 12-8-23	12-07-2023		2:26.73						1:19.84
GVHS, Manti, North San	12-12-2023	2:09.28						1:11.63	
MHS 12-19--23	12-19-2023		2:27.96		1:04.90				
Provo & N Sanpete @ Mi	01-09-2024		2:31.40						1:22.27
Payson,North Sanpete@	01-16-2024		2:30.51		1:07.25				
NSPHS 1-23-24	01-23-2024			26.14			6:00.11		
Last Chance Invite 202	01-27-2024		2:26.36		1:05.18				
Region 12 Championship	02-02-2024		2:27.83		1:07.08				
3A Utah High School St	02-16-2024		2:23.57		1:03.08				

2020-2021 2021-2022 2022-2023 2023-2024

