

# Lily Spagnolo

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2021-2022 Best Times									
2022-2023 Best Times									
2023-2024 Best Times		2:18.63	2:29.81	27.13	1:11.07	1:01.12	6:27.42	1:13.93	1:19.27
Cedar City Nov Meet 20	11-08-2024								1:21.58
2024 Thanksgiving Invi	11-22-2024	2:19.63		28.16		1:02.87			
2024 Thanksgiving Tues	11-26-2024				1:11.00				1:22.73
CV Invite 2024	12-06-2024		2:30.67						1:21.22
Wasatch Winter Invite	12-13-2024	2:15.66		27.68		1:01.50			
Cedar Jan Meet 2025	01-10-2025					1:04.69		1:13.93	
2025 Senior Splash	01-10-2025		2:34.07			1:25.77			1:23.49
2025 Senior Splash	01-16-2025		2:34.07			1:25.77			1:23.49
Region 9 Championships	01-21-2025					1:01.25			
4A Utah High School St	02-07-2025		2:33.31						

2021-2022 2022-2023 2023-2024 2024-2025

