

Eden Lai

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2021-2022 Best Times									
2022-2023 Best Times		2:44.74	3:03.63	31.30		1:11.38	6:30.77		
2023-2024 Best Times				31.72		1:12.67			
MMHS, CERV, SFHS	11-14-2024	2:44.19				1:15.25			
Wasatch v. Springville	11-21-2024	2:42.12							
2024 Sentinel Sprinter	12-07-2024			32.89					1:39.61
MMHS v SHHS v SHS	12-19-2024		3:06.74					1:28.29	
Springville Holiday In	12-21-2024			32.32					
Maple Mountain @ Bingham	01-15-2025		3:00.84				7:07.05		
Region 7 Championships	01-24-2025		2:57.25					1:20.86	

2021-2022 2022-2023 2023-2024 2024-2025

