

Kate Flygare

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2020-2021 Best Times									
2021-2022 Best Times									
2022-2023 Best Times									
Region 13 Invitational	11-03-2023			42.95					
Region 13 Relays, 2023	11-14-2023			46.79					
Ben Lomond, St. Joesep	11-16-2023					1:30.83			1:52.94
South Summit, Provo @	11-21-2023	3:14.52							1:46.11
WINTER SUN FRIDAY@GRAN	12-01-2023			39.12			8:37.11		
WINTER SUN SATURDAY@GR	12-02-2023					1:29.95			1:44.94
Morgan&SouthSummit@Gra	12-07-2023			41.47				1:55.12	
MelRobertsInvitational	12-15-2023								1:39.34
South Summit at North	01-04-2024			37.61			8:56.05		
Ogden, Judge at South	01-09-2024					1:29.84			
SSHS @ UNIO	01-17-2024						8:25.43		1:41.43
Union @ SS	01-23-2024			37.03		1:25.23			1:42.62
Region 13 Swim Meet	02-01-2024					1:19.24			1:36.72

2020-2021 2021-2022 2022-2023 2023-2024

