

Alyssa Soderquist

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2021-2022 Best Times									
2022-2023 Best Times			2:35.12	27.76	1:08.14	1:02.62	6:23.07	1:03.25	
2023-2024 Best Times			2:20.58	26.54	1:05.58	59.26	6:18.91	1:01.55	
2024 Meet Opener	11-01-2024					56.98		1:01.93	
2024 Greg Fernley Invi	11-08-2024				1:02.92	56.82		1:02.38	
AF vs Lehi vs WL	11-20-2024		2:24.04	27.34		58.62			
Skyridge, Westlake, Le	11-26-2024				1:04.87			1:04.18	
Alpine District Invite	12-14-2024		2:26.12	26.48		57.26			
Westlake vs Kearns and	12-17-2024				1:02.98			1:02.76	
Timpview Invite 2025	01-03-2025				1:02.31			1:02.92	
Senior Night	01-17-2025				1:02.29			1:01.36	
Region 3 Championships	01-31-2025				1:00.69			1:00.63	
6A Utah High School St	02-14-2025				58.79			59.20	

2021-2022 2022-2023 2023-2024 2024-2025

