

Luke Cowden

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2021-2022 Best Times									
2022-2023 Best Times									
2023-2024 Best Times									
2024 Meet Opener	11-01-2024			27.26		1:04.15			
2024 Greg Fernley Invi	11-08-2024			27.11		1:03.83			
Westlake, Skyridge vs	11-15-2024			27.48		1:04.01			
AF vs Lehi vs WL	11-20-2024			28.00		1:01.91			
Skyridge, Westlake, Le	11-26-2024			27.83		1:03.12			
Alpine District Invite	12-14-2024			27.82		1:03.63			
Westlake vs Kearns and	12-17-2024			27.51		1:04.10			
Senior Night	01-17-2025			27.70		1:03.78			
Skyridge & Westlake Du	01-22-2025			27.34		1:00.95			
Region 3 Championships	01-31-2025			26.52		59.74			

2021-2022 2022-2023 2023-2024 2024-2025

